

ISSUE

09

16<sup>th</sup> June  
2022

SCHOOL  
NEWSLETTER

# Red Hill C.S.



## WHAT'S ON Dates to Note

24<sup>th</sup> June

Student Free Day

## School Council Dates

Tuesday, 21<sup>st</sup> June

## Term Dates

Term 2

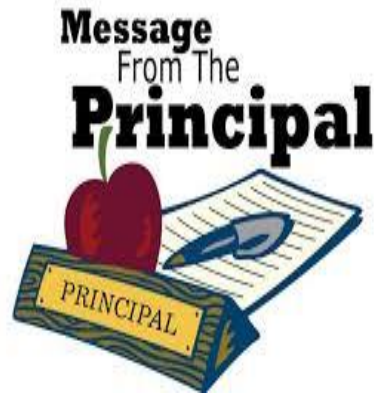
26<sup>th</sup> April – 24<sup>th</sup> June

Term 3

11<sup>th</sup> July – 16<sup>th</sup> September

Term 4

3<sup>rd</sup> October – 20<sup>th</sup> December



## From the Principal

Dear families and friends,

I hope you enjoyed the long weekend and kept warm, dry and well. After speaking with some of our students, it sounds like many took this opportunity to sneak away for a night or two. With just over a week remaining of Term 2, this will be the final newsletter for Semester 1.



I'd like to start this fortnight's newsletter, updating you all with some small changes to our specialist program and staffing for Term 3 and 4. As you would know, the wonderful Ms Walker is now on maternity leave. We are all eagerly awaiting some very exciting news from her. I am very pleased to announce that we have appointed Mrs. Andrea French, who will join Mrs. Cassie Ellis in sharing the music and performing art position for the remainder of 2022.

## this issue

Principal's Report **P.1-2**

Wellbeing **P.2-4**

Both of these teachers have experience in this field. All students will continue to receive music and performing arts weekly. For Semester 2, students will also receive Science, PE and Art weekly. Classes will attend Japanese with Sensei Briggs in either Term 3 or Term 4. These changes will mean that Miss Lily Nelson, who most of our students will be familiar with, will be replacing Mrs. Kristy Trewin, teaching in Grade 5C one day a week.

Last week we held our Prep Information Night for prospective 2023 prep families. I would like to congratulate our school captains and specialist leaders who ran this night and spoke so beautifully about our school.



We are asking that all enrolments are submitted before the end of term. This gives us plenty of time to consider out of zone applications and make plans for next year.



If you have a child starting prep at RHCS next year, please pick up an enrolment pack from the office and return all completed forms and required documents before the end of term.

It is that time of year again when our teachers are very busy writing reports. This is our first reporting period that we will be using Compass. I would like to thank all of our teachers for not only the effort and time they put in to writing reports, but also doing so with a brand new reporting system. Reports will be available on Compass and may look slightly different to what we are used to. We encourage families to spend time reading school reports together once they become available.

And finally this week, I would like to thank and farewell Emma Diamond for her amazing work in First Aid for the past 18 months. Emma will be returning to her role as a nurse as of next term. I would like to wish Emma all the best for the future. We will be able to announce Emma's replacement in our next newsletter. Jenny from our canteen, will also be finishing up at RHCS at the end of this term. Most of our students would know Jenny and will miss her friendly face. Thank you and best wishes Jenny.

Please have a wonderful school holiday period and if you are heading away, please stay safe. I will be taking a weeks long service leave to start next term, with plans to head north with my family. Mrs. Barnes will be acting as principal while I am on leave and she will be supported by Kate Durling, who will act as the assistant principal. Don't forget that our students will finish at normal dismissal time on Thursday the 23<sup>rd</sup> of June.

Kindest regards,

*Gus Wettenhall*

## [June Wellbeing News](#)

### [Courage to Care – Jana King](#)

We are excited to have Courage to Care joining us early next term to present their Upstander Incursion to our Grade 5 and Grade 6 students. As part of this free incursion students are taken on a journey to learn to combat stereotyping, prejudice, discrimination, and racism and come to understand they have an important role in changing the way people behave.

Students will leave with a message that they have the power to create change, and that we each have a responsibility to stand up for everyone's rights regardless of gender, race, ethnicity, religion, ability or difference.

What students can expect

- Hands-on activities and group work
- To be challenged on their attitudes and behaviours
- A Holocaust survivor's testimony of their rescuers' courage to care and the difference it made

What they will learn

- How society influences the way we see and treat others
- Four critical terms: stereotyping, prejudice, discrimination, racism
- What it really means to be a bystander
- How they can become "upstanders" with real and practical tools
- That each individual can make a difference

For more information, please visit <https://couragetocare.org.au/upstander-programs/>

# Grade 5K What Went Well Report

By Macey B, Nino L, Harry V

In our class, we have started to think about Want Went Well at the end of the day to help release the happy chemicals in our brains. We have found that when we practise doing things that release our happy chemicals, we get better at doing this and feel more positive. When we leave school, we feel better about the day that has been and focus on the good things.

We are keeping a journal of our Want Went Wells! These have included things like *playing games with our friends, having a good breakfast, laughing with friends, playing basketball, reading with Miss King* - trying to notice the little things and generate ideas we are grateful for, no matter how big or small.

We also are including things we are looking forward to, such as, *after-school activities, dinner, holidays, heading home to relax, sleeping*. When we have something to look forward to it makes us feel happier and worry less.

We really encourage all classes to give this a go or turn it into a dinner time or bedtime discussion at home.

If you or your family are experiencing difficult circumstances or hardship and you would like to discuss how the school can help to support your children, please do not hesitate your classroom teacher or me on [louise.kusel@education.vic.gov.au](mailto:louise.kusel@education.vic.gov.au)

Take great care of yourself and your loved ones and in a world where you can anything, be kind!

Louise Kusel – Wellbeing Coordinator.



[Safe steps](https://www.safesteps.org.au)

<https://www.safesteps.org.au>

[The Orange Door](http://www.orangedoor.vic.gov)

[www.orangedoor.vic.gov](http://www.orangedoor.vic.gov)

1800 319 353

[Beyond Blue](https://healthyfamilies.beyondblue.org)

<https://healthyfamilies.beyondblue.org>

[Kids Helpline](https://kidshelpline.com.au)

<https://kidshelpline.com.au>

[Southern Peninsula Community](https://www.spcsic.org)

[Support](https://www.spcsic.org)

<https://www.spcsic.org>



## COURAGE TO CARE MYP Upstander Program for Middle Years students



### TRANSFORMING BYSTANDER BEHAVIOUR TO UPSTANDER ACTION

Courage to Care is an educational program about the importance of standing up to discrimination, empowering each of us to confront prejudice and bullying. Taking inspiration from real-life extraordinary acts of courage by ordinary people, our Upstander Programs inspire people to make a difference by standing up and taking action, creating real change in the schoolyard, workplaces, and in our communities.

Delivered by our team of skilled and dedicated volunteers, our Upstander Programs promote acceptance of diversity within our community.

Programs transform bystander behaviour by demonstrating the core fact that a bystander is never neutral, that refraining from action allows harm to occur, and by offering participants practical tools for standing up against bullying, racism and other forms of discrimination and harassment.

Upstander programs are offered at no cost to schools across Victoria. Our social enterprise delivers professional development for teachers.

Since 2000, more than 150,000 students have participated in our upstander programs in Victoria.

#### SYP OR MYP? HOW DO I CHOOSE?

The two programs are complementary. Younger students participate in the **Middle Years Program** and progress to the **Secondary Years Program** later in their education.

**MYP** introduces the concept of accepting diversity across society and the concepts of stereotyping, prejudice and discrimination.

**SYP** explores more thoroughly the dangerous progression that begins with stereotyping and can lead to hatred and genocide - and how to nip it in the bud.

### WHAT HAPPENS IN WORKSHOPS

MYP Upstander Program for Years 5-7 is delivered in a 90-minute workshop in your school. Led by trained facilitators, students are guided on a journey to explore their own attitudes and actions and are provided with tools to help them develop more compassionate and thoughtful responses.

- 1 What students can expect

  - Hands-on activities and group work
  - To be challenged on their attitudes and behaviours.
  - A Holocaust survivor's testimony of their rescuers' courage to care and the difference it made
- 2 What they will learn

  - How society influences the way we see and treat others
  - Four critical terms: stereotyping, prejudice, discrimination, racism
  - What it really means to be a bystander
  - How they can become "upstanders" with real and practical tools
  - That each individual can make a difference
- 3 Curriculum enrichment

  - Intercultural capabilities
  - Personal and Social Capabilities
  - Ethical Capabilities
  - Cultural Practices and Cultural diversity
  - Respectful Relationships
  - Literacy

*"The talk by a survivor was listened to in silence, although there were over one hundred students present. Attendance is free, yet the 'return' in information gained and discussion generated is massive."* Teacher, Tintern Schools

*"It engaged the students with real details, then took it further to make it matter. Excellent presenters, great materials, effective program."* Teacher, Xavier High School Albury

*"I believe this excursion to be one of the best I have experienced in 30 years of teaching."* Teacher, Oberon High School

*"I've realised today that you don't have to be powerful to do something like stand up for someone in trouble."* Student, Werribee

*"I thought the morning was brilliant and every school should hear the stories."* Student, Richmond

### ENQUIRIES AND BOOKINGS



9533-0955

[pm@couragetocare.org.au](mailto:pm@couragetocare.org.au)

[couragetocare.org.au/home](http://couragetocare.org.au/home)

Recipient of Victorian Multicultural Commission Award for Excellence in Education 2013 and 2020.

*"I always wondered why somebody doesn't do something about that. Then I realised I was somebody."*  
Lily Tomlin

PRINCIPAL PARTNER



MAJOR PARTNER



Education and Training

PARTNERS AND MAJOR SUPPORTERS

Besen Family Foundation  
B'nai B'rith Victoria  
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