



## WHAT'S ON Dates to Note

Student Free Day  
16<sup>th</sup> September

RHCS Colour Run  
2<sup>nd</sup> December

Christmas Carols  
13<sup>th</sup> December

## School Council Dates

Tuesday, 18<sup>th</sup> October

Tuesday, 22<sup>nd</sup> November

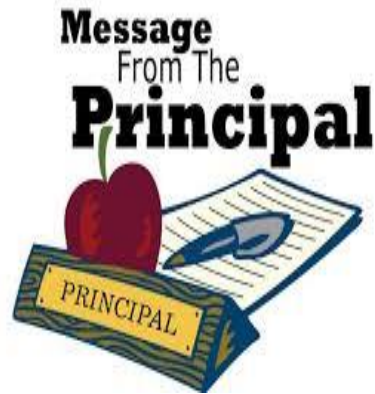
## Term Dates

### Term 3

11<sup>th</sup> July – 16<sup>th</sup> September

### Term 4

3<sup>rd</sup> October – 20<sup>th</sup> December



## From the Principal

Dear families and friends,

With winter behind us, it is so nice to see a little more sunshine up at Red Hill this week. And hopefully no more wet day timetables this term. Firstly, I hope all of the Dads and other father figures in our student's lives were spoilt and had a wonderful Father's Day on Sunday. We know the significance of positive male relationships and role models for children and Father's Day is a great opportunity to show our appreciation of our wonderful dads, stepdads, grandfathers and all of the other important father figures in our school community.



I would also like to thank our team of amazing mums, who organised and ran our Father's Day stall last Friday. A lot of time and effort goes in to sourcing gifts and running the stall, which of course also raises money for our school.

## this issue

Principal's Report **P.1-2**

Wellbeing **P.3-6**

While we are on the topic of fund raisers, a big thank you to Jacob Mehrtens and his team of staff and parents who ran the Bunnings Sausage Sizzle at Rosebud Bunnings on Sunday the 28<sup>th</sup> of August. This fundraiser raised just over \$2000 for Red Hill Consolidated School. Thank you also to all of the families who popped down and bought a sausage or drink. I heard the sausages were perfectly cooked!



The most exciting news this fortnight was the arrival of our 2022 NAPLAN results. This year, our students took part in NAPLAN online for the first time ever at RHCS, but this did not seem to impact their performance. Once again, our students achieved excellent results across the board, exceeding State and Similar School averages on most measures. In fact, our Grade 5 Students, who did not take part in NAPLAN in 2020 due to COVID19, exceeded all expectations, with a significantly higher percentage of students in the top two bands than all State and Similar School averages in all domains. This is cause for celebration and is a strong endorsement of our teaching and learning approaches, as well as the partnership and support from home and a culture of high expectation amongst our staff and students. We are all very proud of these students and I cannot wait to share these results with staff and school council. Individual NAPLAN results will be enveloped and sent home with participating Grade 3 and 5 students early next week.

Our Celebrating Learning Partnerships conferences, held last week, were also a great opportunity to acknowledge the hard work of our students this year and set goals for the final term of 2022. I made sure to pop my head into most classrooms and listen in to the conversations about learning between teacher, parents/carers and teacher. These conferences are so valuable in extending the partnership between school and home and in providing parents with an insight to their child's learning. This year over 75% of parents and carers attended these conferences. Thank you to all who attended, it was so pleasing to see so many parents and carers back in our classrooms.



Last week we had two special presentations, the first being Think U Know who delivered information to parents about keeping their children safe online. For those of you who couldn't make the presentation, the slide show is available on ClassDojo. This presentation covered a great deal of ground in protecting our children online and provided practical tips to increase security and keep the lines of communication open with our kids. Project Rokit also came to RHCS last week, running student workshops on celebrating differences, getting along and strategies to tackle bullying. Our students really enjoyed these presentations and hopefully took away some new ideas and strategies. Most classes followed up with work in the classroom, with some excellent examples in this edition of the newsletter.

This week we celebrated Indigenous Literacy Day by taking part in a digital event and classroom activities, followed by a book swap next Wednesday, 14<sup>th</sup> September. I was fortunate enough to work with our prep children where we explored the different languages of our First Nations People used across our country. Thank you to all the students and families who have sent in books for the Great Book Swap. I hope all children involved are able to get their hands on a new book to read at home or school. And of course, last week ended with our Footy Day Celebrations. Make sure you check in on ClassDojo for pictures of our Footy Day Parade.



Please don't forget to complete the Parent/Caregiver/Guardian Opinion Survey. This is an annual survey offered by the Department of Education and Training that is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behavior, and student engagement. We would love it if ALL families completed this survey. If you cannot find the original email, don't worry, I will send a reminder email out next week with all of the details on how to access the Opinion Survey. This survey is open until Friday the 16<sup>th</sup> of September.

This week is the final week of another exciting term at Red Hill Consolidated School. Don't forget that the final day of school for our students is Thursday the 15<sup>th</sup> of September. Students will be dismissed at our regular finishing time and our bus schedule will remain unchanged. Please also be sure to add the date for our Colour Run (2/12/2022) and our Christmas Carols (13/12/2022) into your diaries and calendars as I know how busy the end of year gets for us all. These will both be events not to miss.

Please have a wonderful break and enjoy the time with your precious little ones at home.

Kind regards,

*Gus Wettenhall*



## September 2022 Wellbeing Newsletter

Hello RHCS community!

I am so please to let the learners do the talking today... so many great things happening at our school!



### Project Rokit landed on SEPTEMBER 2nd, 2022

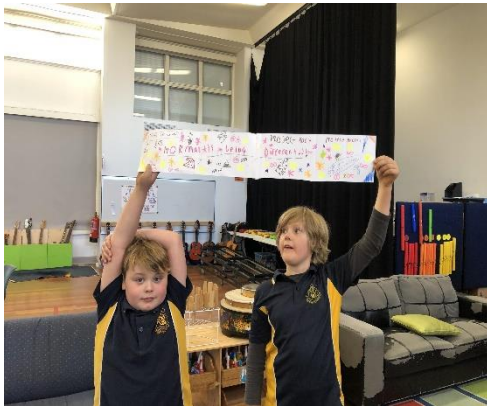
#### Project Rokit

#### Written by Floss and Lyla

On Friday, the second of September 3PE went to the Project Rokit workshop where Ella and Carla spoke about being different is always okay and being different is normal no matter your race or gender. Remember we are all unique and special. WHAT IS PROJECT ROCKIT? Project Rokit is a group of people who go around Victoria explaining that nobody should feel excluded and that everyone should be equal because everybody is special in their own way. We made a list of slogans that we made up. They are:

- No one is normal
- Everyone is different and that's great
- Different is normal
- Different is cool
- No one is the same
- Everyone is special
- Celebrate differences
- Include everyone

WHAT WE DID? We played musical statues where would agree or disagree on what they said. We also played a get to know you game and they read a story to us. 3PE had lots of fun and learnt heaps.

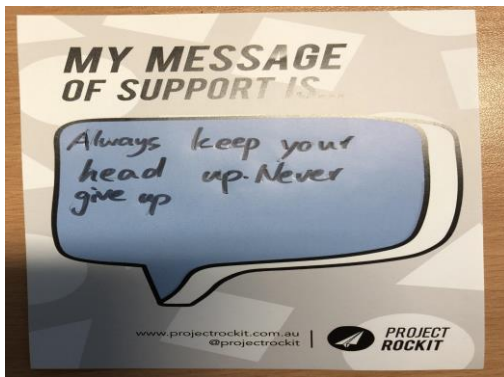


## Project Rokit

On the 2/9/22 we went to the hall for Project Rokit where Ella and Carla talked about kindness, differences and everyone makes their own normal. They talked about no matter what, we should all be kind to each other. Ella and Carla also talked about how everyone is unique in their own way. Ella and Carla said we are all different and that is cool. Heidi and I think the most important message is kindness, everyone is different and to never exclude people! And no one is normal, our class really did enjoy it.



Written by Grace and Heidi 3PE.

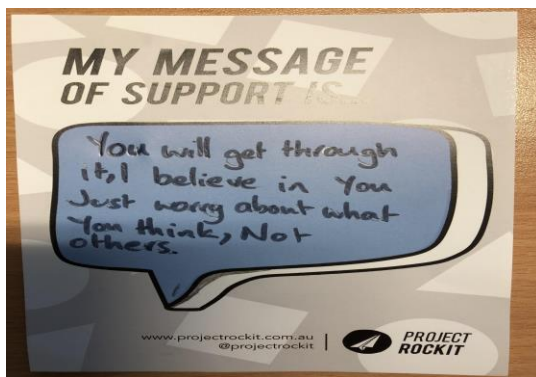
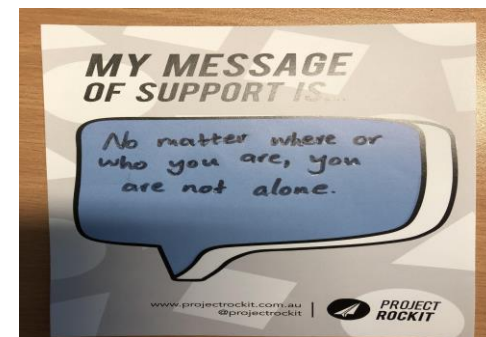


Elsie- I learnt 4 ways of handling bullying.

Hamish- I learnt the "look' strategy!

Noah- Project Rokit reminded me of how to approach bullying.

Jake- Humour is a good way to respond to bullying & they told two very embarrassing stories!



Harry- It jogged my memory about what bullying is and taught me how to use facial expressions to deter bullies.



## R U OK Day...

On Thursday 8th September we acknowledged R U OK? Day. The whole school did a wonderful job of unpacking the message and working on how to be a great friend...



## What's on these September School Holidays.....



**LIBRARY FUN!** <https://ourlibrary.mornpen.vic.gov.au/Whats-On/School-Holiday-Program>

Some incredible opportunities at the libraries on the Mornington Peninsula, including African Drumming, Charlie Silly Pants and Create your Own Woolly Turtle- please use the above link to view details of the events and booking is essential.



**Parks Victoria** <https://juniorrangers.com.au/events/>

There are often lots and lots of great outdoors activities with Parks Victoria, and bookings go live next week. Please refer to the link for all these opportunities and activities.

For more information regarding school holiday fun, please also visit: [School Holiday Guide - Peninsula Kids](#) or

[School Holiday Activities | The Official Tourism Website of the Mornington Peninsula](#)

Heaps to do including the SK8house, Mornington Peninsula Gallery, Boneo Discovery Park and many many, more! Hopefully the weather is sensational and lends itself to some great days at our beautiful beaches and parks.

### **Positive Parenting Program Website:**

<https://www.triplep-parenting.net.au/vic-en/triple-p/>

As parenting is possibly the hardest yet most rewarding job we will ever undertake, this website can offer some honest and useful information and suggestions to help navigate those tricky times. The Triple P – Positive Parenting Program is one of the most effective evidence-based parenting programs in the world, backed up by more than 35 years of ongoing research. Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing. Triple P is used in more 30 countries and has been shown to work across cultures, socio-economic groups and in many different kinds of family structures.

I hope you and your family have a truly wonderful break in September and look forward to seeing all those smiling faces in Term 4!

If you or your family are experiencing difficult circumstances or hardship, please do not hesitate to contact your classroom teacher or myself at [louise.kusel@education.vic.gov.au](mailto:louise.kusel@education.vic.gov.au) Take great care of yourself and your loved ones and in a world where you can anything, be kind! And always remember to ask yourself and your loved ones...what went well today?

Louise Kusel – Wellbeing Coordinator.





1800 55 1800



1300 22 4636

Free, confidential counselling service available any time of the day or night by phone or webchat.

### Online forums

#### Beyond Blue

The Beyond Blue forums are a supportive place to connect with people who are going through similar experiences to you. You can read other people's stories, ask for advice or share your own experience.

#### Reach Out

ReachOut Forums is a supportive, safe and anonymous space where people care about what's happening for you, because they've been there too.

### Online programs and apps

#### Brave Program

The BRAVE Program is an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. The programs are free and provide ways for children and teenagers to better cope with their worries.

#### MoodGYM

This free, fun, interactive program helps you identify and overcome problem emotions and shows you how to develop good coping skills for the future.

### Blogs

#### Personal best

Find information, stories, tips and strategies to inspire you to achieve your all-round personal best.