

From the Principal

Dear families and friends,

I hope you all enjoyed the public holiday yesterday and for some the extra-long weekend, despite the strange weather.

Last Friday, we celebrated World Teachers' Day, showing our gratitude to the incredible teachers at RHCS who do so much to support the students in their care. It was so nice to hear that many of our students made cards or wrote letters to say thank you to our staff. These small gestures can make such a difference. Our school captains, Grade 6 leaders and students from across the school put together a short video full of beautiful messages for our teaching staff. If you haven't watched it yet, please visit <https://drive.google.com/file/d/1BObUHzS4hJ27BRLCdLn3bVVRPRAI3ds7/view?usp=sharing> I'm sure you'll agree that they did an amazing job.



Last week, our Grade 3 team conducted their camp to the Briars.

this issue

Principal's Report **P.1-3**

CLE Report **P.4**

Wellbeing **P.5-8**

WHAT'S ON Dates to Note

Red Hill Golf
25th November

RHCS Colour Run
2nd December

Parent Helper Morning Tea
8th December

Christmas Carols
13th December

School Council Dates

Tuesday, 15th November

Term Dates

Term 4, 2022
3rd October – 20th December

Term 1, 2023
30th January – 6th April

Luckily, the weather held for our campers and they were able to take part in a full outdoor education program, consisting of giant swing, low ropes, hut building and the flying fox.

For many, this was their first school camp experience and they all should be very proud of themselves. Great work and thank you to our teachers and parent helpers who attended this camp.



Thank you to all families who submitted a 2023 Class Placement Consideration Form. We will consider all requests and do our best to meet them. All children will also be given the opportunity to nominate a friend that they would like to be placed with. **We will no longer be accepting requests for next year.** Our teachers and support staff have now started the process of creating class lists for next year. Every year we spend countless hours developing class lists to balance many factors. Quite often, what seems like a straightforward request or move can throw out an entire cohort. Students will meet their new teacher and classmates on Tuesday the 13th of December, in the afternoon.

Last week we met our 2023 Prep students for the first time. This was the first of four prep transition events. Our new students settled in to their new environment very quickly and I'm sure they made new friends and feel more comfortable about starting school next year. Our prep teachers were all very impressed with our newest students. This was also the first time since 2019 that we could meet with our new parents and families in person while our students attended their transition session. It was a great opportunity to welcome new and existing families to our school and for parents to meet one another. We have a number of information sessions for new parents over the coming weeks.

Please don't forget that our teachers, especially those in junior grades are always on the lookout for parent helpers. Being a parent helper is often a very rewarding experience and a great way to meet other parents. Generally, we need parent helpers in the morning to help with our literacy sessions, but there are always other opportunities to get involved. As you know, we require helpers in the pool for this program to run and we always need volunteers for camps and excursions. And for those of you who are free, we have a Garden Centre working bee scheduled for the 17th of November, straight after school. Please don't forget that helpers are required to sign in at the office and must have a valid Working With Children's Card. If you are interested in helping out at school, please get in contact with your child's teacher.

Our Colour Run is fast approaching, but there is still time to sign up and raise funds. As a school we have already reached our fundraising target, which in addition to a grant from the Mornington Peninsula Shire and contributions from the VSBA, means that we have almost enough to fund our solar panel installation on the new building. This is very exciting news. Our Colour Run Team are now organising the event itself, which will take place on Friday the 2nd of December. This is set to be one of the highlights of 2023.

Speaking of fundraisers, keep your eyes peeled for a school fundraiser with a difference. We have been approached by a company called Circonomy who will be organising a collection of smart devices at RHCS to correlate with World Recycling Week. All devices collected will be recycled or refurbished, with all data being deleted sensitively. In addition, every device collected will earn the school \$5.00. More information is in the flyer below, but for now please start finding and dusting off old smart devices you may have at home. All funds raised will go towards our school's sustainability program.



And finally this week, here's a sneak peak of our Lower Sandy Playground design, due to commence over the school holidays. This playground was designed in consultation with our school's Student Voice Team. As well as a shiny new playground and new soft fall matting, we hope this project will solve our drainage problems in this area of the school. As many of you know, the existing playground is old, with many components de-commissioned and is often out of bounds due to flooding. In addition to this project, the asphalt driveway on the southern side of the prep classrooms is scheduled to be resurfaced over the summer holidays.

Have a wonderful week.

Gus Wettenhall

Principal



Uniform Donation Request!

Our 2nd hand uniform shop is in need of donations! In particular larger sizes, however, any uniforms will be graciously accepted. If you could please wash and bag your donations, our wonderful parent volunteer will sort them.

Thank You!

2023 Booklists

A reminder that 'Educational Items to own' can now be purchased through Kookaburra.

You can find a flyer with information and instructions on ordering booklists for 2023 on your compass feed or on our website.

PLEASE NOTE:

Orders placed by 5pm: Thursday 24th November 2022
Will be delivered by: Friday 23rd December 2022

Orders placed by 5pm: Sunday 11th December 2022
Will be delivered by: Friday 27th January 2023

Orders received after 5pm 11th December 2022

- Will still be accepted.
- May not be delivered before the start of Term 1 2023.
- A late fee of \$10 will apply.

www.kookaburra.com.au/login

Crib Point Community Market

Saturday November 12th
9am to 1pm

An opportunity to find unique Xmas gifts and meet a children's author.

INDOOR & OUTDOOR STALLS

New stalls added: Bakery, novelty candles, baby's silicon products, book folding.
Handmade: jewellery, cards, aprons, kids' clothes, soaps, pens, fretwork, knitted items, heat packs and decoupage. Eggs, potatoes, plants, eco-friendly products, upcycled products.
Cribby Koala Treasure Hunt, Devonshire Teas, coffee van.

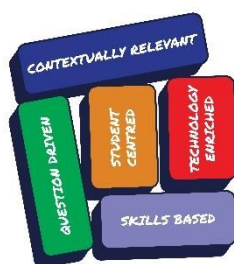
Proceeds go to the Crib Point Community House and community programs

Location: Crib Point Community House, 7 Park Rd, Crib Point

Email: market@cpch.org.au

Ph: 59839888

CLE UPDATE



In 2023, we will be introducing a Bring Your Own Device (BYOD) program at Red Hill Consolidated School. In the first year we will be encouraging our Year 4 students to bring a device that will be used as a tool to enhance and extend learning.

The focus of the BYOD program at Red Hill Consolidated School is to provide tools and resources to the 21st-Century Learner. A successful BYOD program requires technology to be seamlessly integrated throughout the school's curriculum. Increased access to technology is essential for teaching students skills for a future in which, as societal trends suggest, digital literacy is key. The individual use of personal devices is a way to empower students to work to their full potential and develop essential learning habits with the support of digital tools.

Learning results from continuous dynamic interaction among students, educators, parents and the extended community. Technology immersion does not diminish the vital role of the teacher. On the contrary, it transforms the teacher from a director of learning to a facilitator of learning. Effective teaching and learning with technology integrates technology into the curriculum any time, any place.

Importantly, having access to a device teaches children the rules of online behaviour, including how to safely interact online whilst at home and in the classroom too. Schools can monitor internet safety for children and can guide them about online etiquette.

From a convenience perspective, being able to work on the one device at school and at home allows children to complete a task seamlessly – work is kept in the same place and students have uninterrupted access to a device. In addition, having access to various apps allows children to create for the purpose of learning, collaborate with their peers and share their work.

One of the key components of the Contemporary Learning Experience is that learning is 'Technology Enriched'. Students will be using laptops in a variety of ways to enhance their learning. Moving to a BYOD model will increase the learning capacity of students by:

- enabling personalised learning through access to rich learning resources.
- continuous access to educational materials allowing learning to happen anywhere, anytime.
- providing an engaging, interactive environment for learning.
- strengthening links between home and school, allowing parents to see, every day, what their children are learning at school and have relevant, timely, accurate and quality conversations around student learning and progress.
- allowing students, the opportunity to display prior knowledge of topics and thus be co-constructive in their own learning journey.
- maximising independent and resilient learning.

We are very excited about beginning this journey and look forward to seeing the positive impact it has on teaching and learning.



November 2022 Wellbeing Newsletter

Hello RHCS community!

What a busy few weeks it has been! Camps for both the Grade 3 and 5 students, Circus rehearsal in Grade 6, a Salvation Army visit in Grade 4 and World Teacher's Day this past Friday- and we are not even half way through the term.



We are very excited to announce that in 2023 we will have The Resilience Project working in partnership with our school. The Resilience Project is committed to teaching positive mental health strategies to prevent mental ill health and to build young people's capacity to deal with adversity.

"The mental health statistics in this country are confronting. Our mission is to teach positive mental health strategies to help people become happier and more resilient.

*We share emotionally engaging stories with hundreds of schools, workplaces and communities to help make the topic of mental health more accessible. The research is clear; the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars proven to cultivate positive emotion; **Gratitude**, **Empathy** and **Mindfulness (GEM)**. Our programs also have a strong focus on Connection, Purpose, Kindness, Emotional Literacy and Physical Health." The Resilience Project*

Please stay tuned for more information, we hope there will be many positive strategies to be gained from this program for our whole school community. We will remain a lead Rights, Resilience and Respectful Relationship school and in many areas, these programs support each other incredibly well. The Resilience Project also complements with the work the school does with Zones of Regulation and our values of Respect, Responsibility, Empathy and of course, Resilience. Please also have a look at the video shared on Class Dojo where our wonderful learners announced this news.

The Grade 5 students had a wonderful time at their camp in Sovereign Hill earlier this term, these are a few of their thoughts- more shared soon!

The mines were the best part of our camp because we got to see the biggest nugget of gold and we got to see a film from a projector of the guy who found it! It was very dark and very cold down there and the air felt pretty thick. Luca 5D

A carriage trundled by, the children on board giggling and waving at the passers-by, constantly visit the many shops. And us, the school kids dressing up and having fun in an old-fashioned school.

In my opinion, this camp was amazing! From the food to the cabins to the school. The cabins, in my eyes, were luxurious, with a triple bunk bed! The food, from breakfast (bacon and eggs) to dinner (chicken schnitzel) Others were morning tea, lunch, afternoon tea and more! The roleplay was so fun, and included copperplate writing, reading, arithmetic and more!

I loved this camp, and will miss it. But the carriage has arrived, and it's time to ride into the distance. This camp gets a...4.5/5 Fergus 5K

The Salvation Army Visit

The Big Idea in Grade 4 is *People have a Responsibility to Protect Human Rights*. To support their learning, and to see this idea in action, the Grade 4 children had a visit from the Salvation Army.

We had a visit from the Salvation Army, an organisation who helps to protect these rights. The Salvation Army works hard to fundraise to support people who may not have access to these basic human rights. We did an activity where we combined with another classroom, to wrap our hands in string, which represented our community and how we can affect and help each other. We also learnt about their mascot, Sheildy and William and Mary the Salvation Army to raise empathy and kindness amongst their community. **Bo, Milla, Paloma Grade 4**

For more information or if you are in need of support, please visit <https://www.salvationarmy.org.au/>

Lunchtime Clubs: These clubs are a great alternative to playing in the yard and offer quieter areas, board games, anti-pollution club, time in the stadium with ball games or time in the computer lab. Thank you to our Grade 5 & 6 Playleaders who help support these.

Monday	Tuesday	Wednesday	Thursday	Friday
Library Club- quiet activities including board games 	Library Club- quiet activities including board games 	Library Club- quiet activities including board games 	Library Club- quiet activities including board games 	Library Club- quiet activities including board games 
Stadium Open for indoor Games (Gr 5 & 6) 			Stadium Open for indoor Games (Gr 3 & 4) 	Stadium Open for indoor Games (Gr Prep 1 & 2) 
		Palace Computer Club (Gr Prep 1 & 2) 	Palace Computer Club (Gr 5 & 6) 	Palace Computer Club (Gr 3 & 4) 
	Art Club 			Outdoor Disco 
	Anti-pollution Club - Meet at the Gr 5 & 6 playground, all year levels welcome. 			Anti-pollution Club - Meet at the Gr 5 & 6 playground, all year levels welcome. 
	Grade 2 Paper Plane Club			

If you or your family are experiencing difficult circumstances or hardship, please do not hesitate to contact your classroom teacher or myself at louise.kusel@education.vic.gov.au . Take great care of yourself and your loved ones and in a world where you can anything, be kind! And always remember to ask yourself and your loved ones...what went well today?

Louise Kusel – Wellbeing Coordinator.





[1800 55 1800](tel:1800551800)

[1300 22 4636](tel:1300224636)

Free, confidential counselling service available any time of the day or night by phone or webchat.

[Online forums](#)

[Beyond Blue](#)

The Beyond Blue forums are a supportive place to connect with people who are going through similar experiences to you. You can read other people's stories, ask for advice or share your own experience.

[Reach Out](#)

ReachOut Forums is a supportive, safe and anonymous space where people care about what's happening for you, because they've been there too.

[Online programs and apps](#)

[Brave Program](#)

The BRAVE Program is an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. The programs are free, and provide ways for children and teenagers to better cope with their worries.

[MoodGYM](#)

This free, fun, interactive program helps you identify and overcome problem emotions and shows you how to develop good coping skills for the future.

[Blogs](#)

[Personal best](#)

Find information, stories, tips and strategies to inspire you to achieve your all-round personal best.

Welcome to The Resilience Project

PARENTS & CARERS

This year, we are excited to bring The Resilience Project (TRP) into our school community!

WHY?

Current research tells us...

Why mental health matters

THE RESILIENCE PROJECT



One in four Australian adolescents will experience mental health problems this year

Nearly two thirds of them will not seek help.



One in seven primary school students are also likely to experience mental health problems this year.

Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness

EVIDENCE-BASED

The Resilience Project's School Partnership Program has been independently evaluated by both The [University of Adelaide](#) and The [University of Melbourne](#). Click the links or scan the QR code to find out more about the impact the program has on emotional wellbeing and behavioral changes.



ABOUT THE PROGRAM

The Resilience Project is committed to teaching positive mental health strategies to prevent mental ill-health and build young people's capacity to deal with adversity.

We will be implementing their evidence-based **Teaching and Learning Program** throughout our classrooms, staffroom and school community.

Teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude, Empathy, Mindfulness (GEM) and Emotional Literacy** to build resilience.

WHAT CAN BE DONE AT HOME?



To learn more about The Resilience Project and get involved from home, you can start exploring the ideas, activities and resources which bring **Gratitude, Empathy and Mindfulness (GEM)** to life on [TRP@HOME](#).

The Imperfects podcast, led by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, is all about how perfectly imperfect we all are. Hugh, Josh and Ryan chat to a variety of interesting people who bravely share their struggles and imperfections, and we all learn some valuable take-aways we can apply to our own imperfect lives.



(03) 9113 9302 | theresilienceproject.com.au

THE
RESILIENCE PROJECT



Donate your smart device to help your school *raise funds!*

We're helping communities across Australia collect unwanted tech, so it can be refurbished and given another life. Together, creating a sustainable, *circular economy*

Did you know?

There are \$5.4 billion unused technology devices in Australia.

We're partnering with schools to collect unwanted and unused smart devices and helping raise funds in the process.

- 1.** Locate your old smart devices - iPhones, iPads, Samsung and other smart devices
- 2.** Bring them into the school collection on the **18th November**.
- 3.** Circonomy will assess the devices to see which ones can be refurbished, erasing any data and repairing so they can be reused.
- 4.** Any items that can't be fixed will be recycled. The devices that are in working order, Circonomy will donate \$5 for each device to the school.



www.circonomy.com.au
1300 12 12 97

Garden Centre Working Bee



Come along and help spruce up our beloved Garden Centre!

When: Thursday 17th November

Time: 3.45pm – 5.45pm

In order to focus our energy, we are asking our community to come and help in the tidy up and maintenance of our Garden Centre.

Jobs which are needed to give our space a spruce up include:

- Weeding
- Moving and turning soil
- Trimming
- General Rubbish Removal
- Pruning
- Leaf Litter Removal
- General Clean Up of Garden Centre and Sheds
- Cleaning of tank murals, and
- Plenty more!



Please RSVP your attendance by **Friday 11th November** to rebecca.holmes3@education.vic.gov.au

Thank you for your help in keeping our Garden Centre beautiful!

Kind regards Miss Holmes and Ms.Pinchbeck





1800 FUN RUN (386 786)
INFO@SCHOOLFUNDRAISING.COM.AU
SCHOOLFUNDRAISING.COM.AU

The Fundraising Group (Australia) Pty Ltd
ABN 44 090 756 488

Dear Parent/Guardian,

We will be holding the *School Fun Run's Crazy Colour Day* as a major fundraising event this year on **2/12/2022**. We're doing it to raise much needed money to improve the facilities and environment at Red Hill Consolidated School. We plan to purchase Indigenous plants for our gardens, new furniture for existing buildings, ongoing maintenance of existing buildings, and more learning equipment for our classrooms.

About the Day

The *Crazy Colour Day* is all about Fun! It will be a huge colourful mess and is undoubtedly one of the most exciting days on our school's calendar, with everyone's participation the aim, so please make sure they attend on the day and cheer the other kids on!

How Does My Child Fundraise?

Firstly, go to schoolfunrun.com.au and create a student profile page. Everything to do with your fundraising revolves around this page.

Students who raise just \$10 will be able to choose a prize! The more they raise, the better their reward – don't forget to check these out in the sponsorship form! We have educated students on the dangers of door knocking without supervision, and we encourage you to reiterate this at home. The great thing about online fundraising is that you can share the link to your child's profile with friends and family via email, SMS and Social Media.

Online Fundraising

The easiest way to help your child raise money is through online fundraising, where students raise an average of \$120. On top of raising more money, it's also safer and easier than doorknocking and you don't have to worry about handling money! To start fundraising online, go to your student profile page at schoolfunrun.com.au and [share your online fundraising link](#).

Ordering Prizes – ALL PRIZES MUST BE ORDERED ONLINE

Please contact your school's coordinator if this isn't possible.

Prizes MUST be ordered between the **31/10/22** and **14/11/2022**. Simply visit schoolfunrun.com.au to create / log into your Profile Page between these dates. Then click on the 'CLAIM YOUR PRIZE' button and follow the prompts. If you have any questions, please contact the *School Fun Run* team on 1800 FUN RUN and they will gladly assist!

Kind Regards,

Jacob Mehrrens

Grade 1 Teacher

RHCS : (03) 5989 2321

Jacob.Mehrrens@education.vic.gov.au