ISSUE

03
9th March 2023

SCHOOL NEWSLETTER

Red Hill C.S.



WHAT'S ON Dates to Note

Friday 10th March
Curriculum Day

Monday 13th March Labour Day

<u>Friday 24th March</u> Harmony Day – Wear it Orange

Tuesday 4th April
Courage to Care Incursion
Years 5 & 6

Thursday 6th April Last Day Term 1

Fri 5th -Sun 7th May Art Red Hill

School Council Dates

Tuesday 21st March - AGM

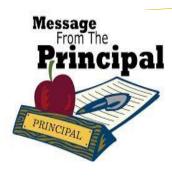
Term Dates

<u>Term 1, 2023</u> 30th January – 6th April

Term 2, 2023 24th April – 23rd June

Term 3, 2023 10th July – 15th Sept

Term 4, 2023 2nd October – 20th December



Reminder – Tomorrow (Friday 10th March) is a CURRICULUM DAY – no students are required at school.

From the Principal



ART RED HILL 2023

I'm sure by now you've heard the exciting news that Art Red Hill is returning to a physical show in 2023. This year, Art Red Hill will take place from Friday the 5th to Sunday the 7th of May, which is only two months away. If you have never been to an Art Red Hill, this is an enormous community event and such a great opportunity to meet and work alongside other parents, carers, and staff. We need the support of all of our families if this is to be a successful event. In the next few weeks we will be asking for volunteers to help out over the Art Red Hill weekend.

this issue

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CLE Report P. 4

Wellbeing P.5-9

We need volunteers to help with opening night, art and pop up shop sales, kids activity tent, art delivery and pick up. If you can't help out on the weekend, there will be opportunities to lend a hand at working bees leading up to the event to transform our gymnasium into an art gallery. Plus further working bees to pack everything up after the event.

As you can imagine this is a big job and we require many helpers to make it possible. Please keep an eye out for this call out and mark the show dates in your calendars. We also need ALL families to like, follow and share Art Red Hill posts on Facebook and Instagram to help spread the word. More information on opening night, including details on how to book tickets will be sent out very soon.

ATTENDANCE



Attendance has been a difficult issue to address over the past few years. Given the COVID19 isolation requirements and the spread of other illnesses last year, combined with the ability to travel once again, it's no surprise that our levels of chronic absenteeism were at an all-time high in 2022. This is a trend that is replicated across the state. However, with things slowly returning to normal The Department of Education is asking all schools to remind families of the importance of attending school.

Children and young people who regularly attend school and complete Year 12 or an equivalent qualification have better health outcomes, better employment outcomes, and higher incomes across their lives. It is important that children develop habits of regular attendance at an early age. There is no safe number of days for missing school and each day a student misses can put them behind, and can affect their educational outcomes and their social connectedness. If your child is going to be away, parents and carers must log the absence as soon as practicable on Compass with a reason for being away. Please note that days off to go shopping, to celebrate a birthday or similar are not approved absences. If you are considering a family holiday during school time, please speak with your child's classroom teacher well in advance so we can develop an absence learning plan with suggested learning activities to complete whilst you travel. If you have any questions or need support with your child's attendance please get in touch. For more information on attendance please visit https://www.vic.gov.au/attendance-and-missing-school

LOWER SANDY PLAYGROUND



Thank you to all families for co-operating whist our Lower Sandy Carpark was being excavated last week. Drop off and pick up times weren't anywhere near as chaotic as I had imagined thanks to everyone's efforts. Our playground project is progressing quickly, with drainage now complete. Our landscapers are hard at work and the soft fall matting will be installed next week. The excitement is definitely building and I know our students can't wait for this new playground to be open for business.

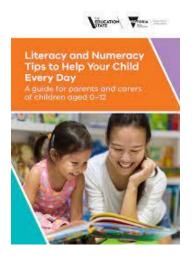
ANNUAL GENERAL MEETING

Our school council annual general meeting will take place on Tuesday the 21^{st} of March. During this meeting we will be presenting the Annual Report to the Community, which will also be made available on the school website. This is a public meeting, meaning other parents/carers can attend. If you would like to attend, please email the school email account. Being the first school council meeting with our new members, we will also be electing office bearers at this time.

FAMILY NUMERACY AND LITERACY GUIDE

As you know, we have a strong focus on Mathematics and English at Red Hill Consolidated School, which is reflected each year in our NAPLAN results. We know that these results are a combination of our school's approaches, our dedicated teachers, but also the hard work of our students and families.

If you'd like some more guidance on how to support your child at home with these incredibly important subjects, I am sure that you will find the DET Family Numeracy and Literacy Guide very helpful. This guide is full of advice and tips on how you can help your child at home across all levels of primary school, but also real life opportunities to apply these fundamental skills. Check it out at:



https://www.education.vic.gov.au/Documents/school/teachers/teachingresources/discipline/english/literacy/LiteracyandNumeracyTipstoHelpYourChild Final.pdf

NAPLAN

Speaking of NAPLAN, the NAPLAN testing window begins next week. This is an important time for our Grade 3 and 5 students. These students have been busy getting prepared and organised for these assessments, taking part in practice tests so that they are familiar with the questions and testing environment. It will be important for these students to get plenty of rest and eat well over the testing period and arrive at school on time each day. I would like to wish every one of our students taking part in NAPLAN good luck and remind them that we just want them to do their very best.

PARENTS AND FRIENDS MORNING TEA

And finally, we would like to invite all parents and carers to a very casual morning tea in our school's staffroom on Friday the 31st of March from 9:15am. This will be an opportunity to meet and catch up with other parents and have a chat with our school's leadership team. There will be no agenda or presentation, but there will be coffee, tea and Tim Tams. To help us prepare, we would like anyone intending to drop in to email the school account (red.hill.cs@education.vic.gov.au). If successful, we plan on running these informal catch ups once a term.

Please have a wonderful long weekend.

Kind regards,

Gus Wettenhall

Principal



CLE UPDATE

This coming Friday, 10th March, we have a curriculum day scheduled. While our students begin their long weekend early, our staff will be working hard! We have a day of professional learning planned, during which our teachers will be exploring best practices in the teaching of writing.

In 2023 we have identified that improving teaching and learning in writing is something that we would like to focus on as a whole school. We are passionate about instilling a love of literacy in our learners and this includes developing students who love to write!

During writing sessions at Red Hill, children are encouraged to select topics that express their ideas and interests. It is difficult (sometimes impossible) to write about unfamiliar topics or topics that are irrelevant to our life experiences. Before writing, talking about a topic is a good place to collect thoughts and ideas. In our classrooms, children explore writing as a process from drafts to published pieces. Children are encouraged to write for real purposes and utilise a range of different text types such as recipes, factual texts, notes, report writing, narratives and poetry. They are also taught to consider how to appeal to different audiences.

Great writers, however, are not just developed at school. As parents you can play a big part in encouraging your child to think of themselves as a 'writer'. Some ideas of how you can encourage this positive attitude to writing are:

- Encourage children to write, write, write! Provide many opportunities such as writing the shopping list, sending letters and cards to friends and relations, writing emails, keeping a diary, publishing personal stories, labelling photos in the family album, and leaving notes. Writing should be relevant and meaningful rather than writing for the sake of writing.
- Give children opportunities to read their stories aloud (while you sit back and listen). Listen with a focus on the message they express. Comment on what they have done well, for example: 'I enjoyed how you used interesting words such as X, Y, Z.' 'The character you created seems so real. I can imagine how he looks.' Leave comments about spelling, punctuation, and grammar to another time they are important if, and when, it is to be published.
- Draw children's attention to how writing is presented, for example, on brochures, billboards, books, and electronic media these are models of writing for real purposes.
- Create a community of writers. Provide a quiet place for writing with lots of writing materials. Leave notes for each other, write poems for your children, and send messages in lunch containers. Play writing games, for example, one person writes the beginning, another the middle and the other the end of a family story. Write together.

Happy writing everyone!

"Words are our most inexhaustible source of magic." - J. K. Rowling.





HARMONY WEEK

In the week of the 20th - 26th March, we will be celebrating Harmony Week, a week to acknowledge and celebrate our multicultural nation and all our different backgrounds- it is about inclusiveness, respect and a sense of belonging for everyone. On the Friday 24th March, we ask all student to wear a touch of Orange to represent their empathy and understanding and in celebration of these ideas. Happy Harmony Week!



For more information visit: www.harmony.gov.au

Student Voice Team

It has been a pleasure to work with our Grade 6 SVT captains, Nino and Alba as we listen to our future leaders within the school speak about why they wish to be involved with the Student Voice Team at RHCS.

Badges will be presented to all representatives on Friday 17th March, and families of these children will be contacted to invite them to our assembly.

Congratulations to all the following students who are representatives for 2023:

Emma D, Isabella J, Oakley H, Indi M, Blake P, Mika F, Alife D, Mila C, Emma B, Hugo C, Barney A, Heath P, Floss M, Maja D, Alice U, Teddy D, Lyric M, Charlie S, Max M, Harry P, Tom M, Stella L, Alexis P, Elizabeth K, Carter A, Sam H, Will B, Scarlett N, Charlie E, Priya S, Olive H, Alex B, Archie B, Milla M, Flyn M, Koby R, Bass H, Milla B-P and our wonderful Gr 6 captains, Nino and Alba.

We will also be forming a wellbeing and sustainability team who will be announced later this term. This team will be working with our Wellbeing captains, **Asher and Zoe** on many different projects throughout the year that continue to develop our positive and inclusive school culture.



Just a reminder for families- View the first presentation of the series here: Introduction Part 1: Meet Hugh and learn about The Resilience Project - https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-hugh/

Note: This video contains a story about an Eating Disorder that may be triggering. Please consider this before watching. For mental health resources and support information, visit The Resilience Project's Support Page.



Photo Credit: Felix - Year 6

To support our students establish positive behaviour within our school, a set of RHCS Behavioural Expectations have been developed for all students to be aware of. Please speak with your children about these, and if there are any questions, please contact myself or your classroom teacher

RHCS Behavioural Expectations RHCS learners....





Ask teachers before entering or leaving a room. Students need to be safe and seen.





Actively listen when others are speaking and respectfully follow the teacher's instructions.



Are positive and polite when communicating with others.



Know that hands are for helping and respect other students' personal bubble.



Take pride in our belongings and care for the school environment and equipment.





Use music time to get a drink, go to the toilet and arrive at the classroom ready to learn when the bell goes.



Wear their hat when they play outside, or go to the No Hat area.



Eat their food in the classroom and always put rubbish in the bin. Canteen food is eaten in the canteen area.



Use the NO, GO, TELL strategy when playing with others.



Create a kind and inclusive environment.

We thank you for your support.

Kindest regards,

Louise Kusel - Wellbeing Coordinator.







Safe steps

https://www.safesteps.org.au

<u>The Orange Door</u> <u>www.orangedoor.vic.gov</u>

Beyond Blue https://healthyfamilies.beyondblue.org.

Kids Helpline https://kidshelpline.com.au

Southern Peninsula Community Support https://www.spcsic.org

ParentLine 132289



Early Help

Support when your family needs it

Would your family benefit from FREE support, information, advice and linkages to support within your Community? Early Help is here for you, providing early intervention and prevention.

What is Early Help?

Early Help is a brief support service, aimed at assisting families to access programs and activities in their community. Reducing isolation and building confidence to keep families strong.

To support your family and help you to try and solve problems by providing the right support at the right time.

Supporting to reduce the barriers faced by families in accessing services.

Next steps?

Early Help practitioners are skilled at identifying suitable services to address any concerns that you have. They can work with you confidentially to link you and your family with appropriate services as identified by your experiences and goals.

Eligibility

- If you reside in Mornington Peninsula Shire, Frankston City, City of Kingston and Bayside City
- Available to families with children from birth to 18 years.

How to access Early Help?

Click on the hour or Scan the QR code to complete the referral form and our friendly Early Help team will contact you within 2 business days to discuss your support options. If you require further assistance with this process

please email earlyhelp@familylife.com.au

Please note: "The Early Help program is not for families that may be experiencing issues that are currently supported by Child Protection or Case Management Services. If your family requires more than brief support, information or advice please contact the Orange Door on 1800 319 353











Creating Confident Kids Workshop

Family Life has teamed up with Stride Education to deliver Creating Confident Kids

Come along to our online Workshop to learn strategies to help your Kids with their feelings of Anger and Anxiety!

Do you worry about your Kids Anger and Anxiety?

Would you like:

- Some strategies to help your Child with their feelings of Anger & Anxiety?
- To know more about Resilience & tips to build resilience in your Child?
- To know more about Emotional Intelligence & tips to raising an emotionally intelligent Child?
- Strategies to support healthy friendships & tips to talk to your Child about Bullying?
- Strategies to build your child's self-esteem and deal with setbacks?
- Strategies on how to talk and connect with your children?
- · Top tips for taking care of yourself?

A must attend for Parents and Carers living in the Mornington Peninsula Shire and Frankston City with Children 5 – 12yrs old.

Online:

via Zoom

Date:

Tuesday 2nd of May 2023

Time:

7pm to 8.30pm

Cost-

FREE but bookings are essential and spaces limited



Book by clicking the Eventbrite link

Follow us on Social Media









Creating Confident Teens Workshop

Family Life has teamed up with Stride Education to deliver Creating Confident Kids

Come along to our online Workshop to learn strategies to help your Teens' with their feelings of Anger and Anxiety!

Do you worry about your **Teens'** Anger and Anxiety?

Would you like:

- Some strategies to help your Teen with their feelings of Anger & Anxiety?
- To know more about Resilience & tips to build resilience in your Teen?
- To know more about Emotional Intelligence & tips to raising an emotionally intelligent Teen?
- Strategies to support healthy friendships & tips to talk to your Teen about Bullying?
- Strategies to build your Teen's self-esteem and deal with setbacks?
- Strategies on how to talk and connect with your Teen?
- · Top tips for taking care of yourself?

A must attend for Parents and Carers living in the Mornington Peninsula Shire and Frankston City with Teens 12 – 18yrs old.

Online:

via Zoom

Date:

Tuesday 21st of March 2023

Time:

7pm to 8.30pm

Cost

FREE but bookings are essential and spaces limited



Book by clicking the Eventbrite link

Follow us on Social Media









RED HILL SHOW Saturday 11th March







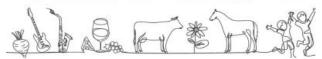






ENTER your EXHIBIT NOW...JUNIOR ENTRIES FREE RIDES, ENTERTAINMENT & ACTIVITIES FREE with entry ticket

The Red Hill Agricultural & Horticultural Society welcomes you to the 95th Red Hill Show - A celebration of our Mornington Peninsula producers, artisans and much more! Our 2023 program is jam packed fu of exhibits, demonstrations, workshops, music and rides. Once you entithe showgrounds all the Pavilions, entertainment and rides are FREE.



www.redhillshow.com.gu (f)@

SO MANY SECTIONS you can EXHIBIT INI ENTER ONLINE via our WEBSITE!





















Thanks to our Major Sponsors for supporting our this community event, including a Victorian Government grant enabling us to invite kids 14 yrs & under FREE. This includes gate entry to the show and Junior exhibit entries.

















BOOK your tickets ONLINE & SAVE via our website!



www.redhillshow.com.au (f)@





184 Arthurs Seat Rd, Red Hill, Vic, 3937 All Club Enquiries - M: 0414 598 923

E: redhilltennisclub@gmail.com

W: http://www.tennis.com.au/redhill/



http://m.facebook.com/redhilltc/

Coaching & Junior Competition enquiries -

Russell. M: 0417 133 650

Available for Kids Hot Shots, Group & Private Lessons.

Night Competition - Annette. M: 0414 702 244

- -Monday Night Mixed Doubles (social Comp)
- -Wednesday Night Men's Doubles
- -Thursday Night Ladies Doubles







facebook.com/ourlibrarymornpen

@ @morningtonpeninsulalibraries

aurlibrary.mornpen.vic.gov.au

JOIN THE FUN!

Auskick Red Hill registrations are open!
https://www.playhq.com/afl/register/ea14df
Starts: Thursday 27th April 2023 4-5pm
Where: Red Hill Recreation Reserve
Who: Boys & girls preschool age to Year 3
For more information please contact
redhillauskick@gmail.com

play.afl/auskick



JOIN THE FUN!

Tuerong & Surrounds: All Girls Auskick Centre

RM Hooper Reserve. Tuerong Monday 6th March - 3rd April 4:30pm - 5:30pm



For more details, contact chloe.beck@afl.com.au

play.afl/auskick