ISSUE

23<sup>rd</sup> March 2023

SCHOOL NEWSLETTER

# Red Hill C.S.



# WHAT'S ON Dates to Note

<u>Friday 24<sup>th</sup> March</u> Harmony Day – Wear it Orange

Sunday 26<sup>th</sup> March
Bunnings BBQ Fundraiser

Friday 31st March
9.15AM – Parents & Friends
Morning Tea

Tuesday 4<sup>th</sup> April
Courage to Care Incursion
Years 5 & 6

Thursday 6<sup>th</sup> March
Alpha Productions

Thursday 6<sup>th</sup> April Last Day Term 1 – 3.30pm Finish

Monday 24<sup>th</sup> April First Day Term 2

Tuesday 25<sup>th</sup> April
ANZAC DAY PUBLIC HOLIDAY

Fri 5<sup>th</sup> -Sun 7<sup>th</sup> May
Art Red Hill

Thursday 11<sup>th</sup> May
Cyber Safety Presentation –
7PM

29<sup>th</sup>-31<sup>st</sup> May Yr. 4 Camp

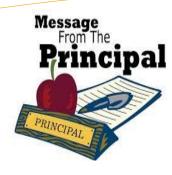
## Term Dates

Term 1, 2023 30<sup>th</sup> January – 6<sup>th</sup> April

Term 2, 2023 24<sup>th</sup> April – 23<sup>rd</sup> June

Term 3, 2023 10<sup>th</sup> July – 15<sup>th</sup> Sept

Term 4, 2023 2<sup>nd</sup> October – 20<sup>th</sup> December



# From the Principal

Dear families and friends,

I hope you're all enjoying this beautiful run of weather. Firstly in this edition, I want to sincerely congratulate our Grade 3 and 5 students, who have been incredible over the past few weeks as they worked through the NAPLAN testing schedule. These students took part in Reading, Writing, Conventions of Language and Mathematics. I have been very impressed by how our students approached these tests, demonstrating their RHCS values of Resilience and Responsibility throughout the testing period. Although a number of students were a little nervous, all showed a great deal of bravery and completed the tests to the best of their ability. Well done to our teachers and Mrs Barnes for coordinating and delivering the NAPLAN assessments and keeping our students calm and focused. NAPLAN is a standardised test completed by all students in Australia. NAPLAN provides us with a snap shot in time of your child's achievement compared to their expected level, but it is also used as a measure to compare and determine the success of our school's approaches to teaching and learning against other schools in our network, state and those with similar students.

# this issue

Principal's Report P.1-3

CLE Report P. 3-4

Wellbeing P.5-7

Results will be sent home later in the year. Once again, well done to everyone involved.

Mrs Barnes has been very busy this week. As well as organising NAPLAN and supporting teams with planning, she also conducted a valuable information session for our parent helpers. We love having parents and carers in our school and in many cases, our programs rely on them. This session went through our Child Safe Standards as well as tips and tricks on assisting our students when helping out in our school. A big thankyou once again to Mrs Barnes, but also to all of our volunteers who attended.

A big event that took place last week was the presentation of our RHCS Student Voice Team badges at assembly. Students from Grades 3 to 6 applied for these important positions and were selected by their peers, Grade 6 leaders and teachers. They will all play an important role throughout the year providing two way communication and feedback for their classmates on important school decisions and ideas for improvement.

Their first job as a team is to establish and communicate quiet ball free areas within our playground so students wanting to engage in quiet games have safe places to play. I look forward to hearing from and reporting more great news from our 2023 Student Voice Team.

This week we held our School Council's Annual General Meeting, presenting the 2022 Annual Report to the Community and electing office bearers for 2023. We welcomed our newest members of school council, Amanda Brookhouse and Erin Summers and farewelled James Date and Liz Clancy. On behalf of the entire school community I would like to thank James and Liz for their contributions on school council, including playing major roles in organising and running Art Red Hill and Golf Red Hill. Please make contact with the school if you would like to join one of our sub committees, who meet once a month. Our sub committees consist of Facilities, Fundraising & Events, Education and Finance.

I've noticed that there are more and more four legged friends in our school grounds at drop off and pick up times. These fury friends are welcome in our grounds, but we do ask all dog owners to adhere to our Dog Policy and be very mindful that not all children are comfortable around dogs, no matter the size or personality. According to our Dog Policy, all dogs on school site must:

- Be well behaved and friendly.
- Remain on a lead and under control at all times.
- Not be left tied up or unsupervised.

We also insist on dog owners picking up and disposing of any doggy business that may take place on school grounds or surroundings. Thank you in advance for cooperating.

In the last newsletter I discussed our school's attendance trends as well as the Department's requirements for attendance and recording absences. As I begin to dig deeper in to our attendance data, in addition to family holidays and unapproved absences, students arriving late or leaving early each day accounts for a large portion of our total absences. I was alarmed when I calculated that to date this year, our students' late arrivals add up to 186.5 days, while early dismissals are already up to 162 days. In a lot of cases these absences are unavoidable. Late arrivals can often cause our students to miss valuable instruction and can cause anxiety in some. It would be great to see these numbers decline as our students develop a consistent morning routine. As always, if you need any assistance or support to help with any absences, please contact the school.

Our Art Red Hill Opening Night and event weekend is fast approaching. Thank you to all parents who have liked/followed and shared our social media posts. Please also save the date for Art Red Hill in your calendars. We are going to need a long list of volunteers for the Art Red Hill weekend, as well as the week leading up and week after for set up and pack up. Art Red Hill raffle tickets will be sent home prior to the school holidays. Please keep an eye out for these in your child's bag and we ask all families to sell their allocated books. There are some amazing prizes provided by many of our local businesses. We also hope that Opening Night ticket sales will open before the Easter weekend. These will sell out fast, so get in quick.



A big thank you to Kathryn and her team of helpers for organising the Bunnings BBQ this weekend. If you're in Rosebud this Sunday, make sure you pop in to Bunnings and grab a sausage, they will be delicious.

And finally in this edition, a few reminders and important dates to add to your calendar. Firstly, we have only had one response to our parent and friends morning tea on Friday the 31<sup>st</sup> of March. This will just be an informal opportunity to meet and catch up with other parents and carers in our school community and speak with our leadership team. If you'd like to attend, please email the school account (red.hill.cs@education.vic.gov.au) so we know how many Tim Tams to supply.



Alpha Productions are coming to Red Hill and will be performing their stage show Hercules to all of our students on the 6<sup>th</sup> of April. This will be a free event. Thank you to Mrs Sullivan for organising this opportunity for our students.

As well as Art Red Hill early next term, we have booked Susan McLean, Author and Cyber Safety expert to come in to school to work with our students, staff and parents. We strongly encourage ALL parents to attend this extremely valuable and possibly confronting presentation on Thursday the 11<sup>th</sup> of May. Tickets will go on sale very soon, but please mark this date in your calendar. For more information about Susan McLean, visit her website at <a href="https://www.cybersafetysolutions.com.au/">https://www.cybersafetysolutions.com.au/</a>

Please also be aware of term dates as we approach the end of Term 1. Our last day this term is Thursday the 6<sup>th</sup> of April. Students will be dismissed at normal time of 3.30pm. Term 2 begins on Monday the 24<sup>th</sup> of April. However, Tuesday the 25<sup>th</sup> of April is the ANZAC Day public holiday. This will make the beginning of Term 2 a little different this year.

Please take care.

Gus Wettenhall

Red Hill Consolidated School

Principal



# **Contemporary Learning Experience Update**

As many of you would be aware, students in Years 3 & 5 are currently participating in NAPLAN. The National Assessment Program – Literacy and Numeracy (NAPLAN) test is for students in Years 3, 5, 7 and 9 and provides an indication of student knowledge and skills in Writing, Reading, Language Conventions (Spelling, Grammar and Punctuation) and Numeracy.

In the lead up to the NAPLAN testing period our Grade 3 and 5 teachers ensure that our students are ready and able to perform to the best of their abilities. They expose students to the different types of questions that can be asked and help to skill them in how to answer them. They also spend time familiarising learners with the online testing platform. Throughout this time students are reassured that NAPLAN is just one assessment that helps us, as teachers, to identify areas of future learning. Teachers understand that some students get very anxious about NAPLAN and work with learners to help them approach NAPLAN with a positive mindset.

The results of these NAPLAN assessments provide information for students, parents, teachers and principals which can be used to improve student achievement and assist in planning. It is important to understand that, in terms of individual student performances, NAPLAN is a 'snapshot' of performance. However, whole school, long term data can be used very effectively to support planning processes. At Red Hill Consolidated, teachers analyse each year's NAPLAN data and use this data to plan programs to support student learning.

Below is an excerpt from a letter written by a Principal to his students that is often shared on the internet and social media. It shares a message that we must always remember as parents and educators when our children are involved in assessment such as NAPLAN. "These tests do not always assess all of what it is that make each of you special and unique. The people who create these tests and score them do not know each of you – the way your teachers do, the way I hope to and certainly not the way your families do. They do not know that many of you speak two languages. They do not know that you can play a musical instrument or that you can dance or paint a picture. They do not know that your friends count on you to be there for them or that your laughter can brighten the dreariest day. They do not know that you write poetry or songs, play or participate in sports, wonder about the future, or that sometimes you take care of your little brother or sister after school. They do not know that you have travelled to a really neat place, that you know how to tell a great story or that you really love spending time with special family members and friends. They do not know that you can be trustworthy, kind or thoughtful, and that you try, every day, to be your very best... the scores you get will tell you something but they will not tell you everything."

Our learners in 5D reflected the sentiments of the principal above and created a brainstorm of the many important characteristics of a great learner that NAPLAN does not assess.

At Red Hill, NAPLAN is one very small piece of evidence that we use to inform teaching and learning. Our teachers are regularly gathering evidence of students' learning that allows them to tailor the curriculum to best meet the needs of each individual student. Where possible, students are actively involved in the assessment process and are given choice in how and when they demonstrate their



understanding. An important aspect of assessment at Red Hill Consolidated School is that teachers work together using moderation practices to ensure that students work is assessed accurately and consistently.

"Assessment is today's means of modifying tomorrow's instruction." – Carole Ann Tomlinson

In times gone by, assessment was always presented in the form of a test at the end of a unit, designed to determine whether students had achieved the desired learning goal. Now we gather evidence on a daily basis, using a variety of forms, and this evidence guides future teaching, allowing us to help each child achieve to their potential.

When walking into classrooms at Red Hill, you will see staff conferencing with students, discussing their learning, highlighting strengths and identifying next steps to continue progressing the students' skills and understandings. You will see learners giving feedback to peers and actively engaging in self-assessment opportunities. Our students are able to discuss what they are doing well as a learner and what their learning goals are to continue improving. It's exciting to see our learners being so actively engaged in their learning process!

WISDOM BEGINS WITH

SOCRATES

Jo Barnes







WE'RE PROUD TO CELEBRATE THE DIVERSITY OF OUR COMMUNITY

HARMONY.GOV.AU



Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect and a sense of belonging for everyone. We look forward to celebrating Harmony Week with a whole school picnic on Friday 24th March, with students bringing their normal lunch or lunch order to school plus a splash of Orange.



H ear stories
A accept everyone
R ead and learn
M ove forward together
O pen minds
N ew connections

Y ou belong!



#### WELLBEING TEAM & SUSTAINABILITY TEAM

We are very pleased to announce there is a RHCS Wellbeing Team and would like to pass on my congratulations to **Georgia C**, **Sienna T**, **Eli D**, **Seren-Rose H**, **Maggie T**, **Alice L**, **Richie B**, **Finn D & Oscar D**. This team will be working with our Wellbeing captains, **Asher and Zoe**, on many different projects throughout the year that continue to develop our positive and inclusive school culture. These students will be celebrated on **Friday 31st March** at our assembly with a special certificate.



The Resilience Project continues to progress strongly throughout the school this year! Zoe and Asher posted a great Class Dojo video this week! Photos from around the school will be shared soon and the first edition of **PROJECT+** for 2023 is attached at the end of this newsletter.

# **FAMILY LIFE**

Family Life is a specialist family services provider working with vulnerable children, families and communities since 1970. At the core of our organisation is our vision to build capable communities, strong families and thriving children. Family Life are offering some incredible group work for families, parents and children and some of their upcoming programs are listed below. To find out more please have a look at <a href="https://www.familylife.com.au/">https://www.familylife.com.au/</a> or if you have any questions, please contact Lousie Kusel. <a href="https://www.familylife.com.au/">louise.kusel@education.vic.gov.au</a> or 59892321.

Have a wonderful week! Kindest regards,

Louise Kusel - Wellbeing Coordinator.







https://www.safesteps.org.au Safe steps

The Orange Door www.orangedoor.vic.gov

**Beyond Blue** https://healthyfamilies.beyondblue.org.

Kids Helpline https://kidshelpline.com.au

Southern Peninsula Community Support https://www.spcsic.org

ParentLine 132289



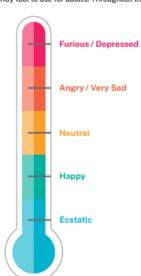
## **Parents & Carers**



# **Emotional Literacy**

Emotional Literacy is being able to recognise and name our emotions. If we can label our emotions, then we can start to understand the why and begin to problem solve to work through what it is that we're going through.

It is important to know that it is okay to feel all the emotions! The key is to understand these and be able to use strategies to manage our emotions effectively. Below is an example of a mood scale; this is a handy visual to use with children but can also be a handy tool to use for adults! Throughout the day we will move up and down the mood scale as we feel different emotions.



### REFLECTING ON EMOTIONS

- · Have a think about times when you have felt like you were at the top end of the mood scale, in the orange or red.
- What were the triggers that made you feel like this?
- . Think about the emotions you were feeling, it could have been anger, extreme sadness, furiousity, high anxiety, etc.

#### MOOD CHANGERS

- Now think about how you were able to bring yourself back down on the mood scale.
- Do you already have strategies in place, or could you build up your 'mood changer' toolbox?
- · Some examples of mood changes could be:

Click here or scan the QR code to download a catastrophe scale template that you could print and use as a family.



Click on the image or scan the QR code to listen to Dr. Emily, a psychologist who talks about Emotional ness on the podcast, 'the imperfects'.





Click on the image or scan the OR code to listen to Lael Stone on the podcast, 'the imperfects'. Lael is an educator and a parenting expert.

If you enjoyed that episode, click here to listen to her most recent episode too.





Proudly supported by

The Resilience Project is proud to partner with Coles to support students, teachers and parents to become happier, healthier and more resilient. We are grateful for the commitment and shared vision of Coles to support the mental health coles healthier and mon







# Creating Confident Kids Workshop

# Family Life has teamed up with Stride Education to deliver Creating Confident Kids

Come along to our online Workshop to learn strategies to help your Kids with their feelings of Anger and Anxiety!

# Do you worry about your Kids Anger and Anxiety?

### Would you like:

- Some strategies to help your Child with their feelings of Anger & Anxiety?
- To know more about Resilience & tips to build resilience in your Child?
- To know more about Emotional Intelligence & tips to raising an emotionally intelligent Child?
- Strategies to support healthy friendships & tips to talk to your Child about Bullying?
- Strategies to build your child's self-esteem and deal with setbacks?
- Strategies on how to talk and connect with your children?
- · Top tips for taking care of yourself?

A must attend for Parents and Carers living in the Mornington Peninsula Shire and Frankston City with Children 5 – 12yrs old.

### Online:

via Zoom

#### Date:

Tuesday 2nd of May 2023

### Time:

7pm to 8.30pm

#### Cost

FREE but bookings are essential and spaces limited



Book by clicking the Eventbrite link

Follow us on Social Media









Red Hill Consolidated School is the home of The Contemporary Learning Experience.



Red Hill Consolidated School is committed to providing the very best education for all students in our care. We are inspired by the moments when students recognise new learning and we are motivated by the challenge to ensure that every student is always progressing in their learning.



# **PREP 2024 PARENT INFORMATION EVENING**

Wednesday 10th May @ 5:30



# **TOUR DATES FOR PREP 2024**

- Wednesday 3rd May @ 9:30am
- Friday 19th May @ 9:30am
- Tuesday 30th May @ 9:30am
- Thursday 15th June @ 9:30am



PLEASE CALL OUR OFFICE TO REGISTER FOR BOTH PREP INFO NIGHT AND PREP TOURS

For everything else our school has to offer, visit our website, https://redhillcs.vic.edu.au/ For any questions please email the school on red.hill.cs@education.vic.gov.au



# Instrumental lessons at RHCS

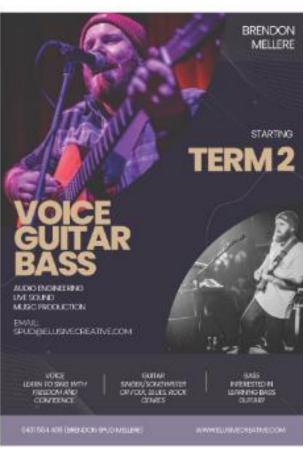
At RHCS we are lucky to have Natalie Badaracchi teaching piano and Chris Commerford teaching guitar from grade 2 onwards. These two teachers are working at full capacity at the moment. It is wonderful to see our school community valuing and supporting music in this way. Please see the flyers below for additional private instrumental lessons, that we are now able to offer during the school day.

We warmly welcome Jim Nash as the Drum teacher who commenced lessons during Term 1. We also extend that warm welcome to Brendon Mellere who will be commencing lessons in Term 2. If you are interested in your child learning from these experts please follow the details outlined below for each teacher. Jim and Brendon will be able to confirm lesson costs, times and answer all your questions.

I am also actively organising an additional piano teacher for Term 2 to meet demand and requests. If your child has expressed interest in learning the piano I hope to send you an email next week with details.

Wishing you all happy and safe holidays, Caitlin Sullivan Performing Arts









## Dish out some help

Did you know more than 120 dedicated local volunteers deliver around 75,000 meals across the Mornington Peninsula every year?

The Meals on Wheels Service delivers nutritious meals to residents who are unable to provide for their personal dietary needs

Meals may consist of soup, a main meal and dessert. A vitamin C supplement is also provided in the form of fruit juice or a piece of fruit.

The wonderful team at the Shire's Food Services Kitchen in Rosebud prepare all meals and they are delivered by a volunteer workforce across the peninsula to clients each weekday morning.

A delivery from Meals on Wheels is much more than just a meal, for many clients it is the highlight of their day and, in some cases, may be one of very few interactions during the week.

The team urgently needs more volunteers to help deliver this essential service in the Rosebud area. If you are interested in becoming a Meals on Wheels volunteer and are free one weekday morning between 9.30 - 11.30am call Terri Cadman, Volunteer Coordinator on 0448 895 760, or 03 5950 1600, email <a href="mailto:vso.meals@mornpen.vic.gov.au">vso.meals@mornpen.vic.gov.au</a> or visit mornpen.vic.gov.au/mealsonwheels for more details.

