

# Red Hill C.S.

this issue

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Monday 17<sup>th</sup> July Yr. 5 & 6 Girls Tee ball

Tuesday 18<sup>th</sup> July
Yr. 5 & 6 Boys Netball

Thursday 20<sup>th</sup> July
Yr. 5 & 6 Boys Football

# Friday 4th August

National Aboriginal and Torres Strait Islander Children's Day celebration – Floral Friday

#### Wednesday 16th August

Celebrating Learning
Partnerships 11am-6.30pm

Friday 18th August
Wear it Purple Day

#### Monday 21<sup>st</sup> August – Friday 25<sup>th</sup> August

Book Week

#### Friday 25th August

Book Week Parade District Athletics

## Friday 1st September

Floral Friday

#### Wed. 6th September

Indigenous Literacy Day -Busking for change

#### Friday 15th September

Last Day Term 3 - 3.30pm

#### School Council Dates

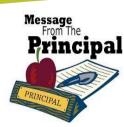
Tuesday 25th July

Tuesday 22<sup>nd</sup> August

Term Dates

Term 3, 2023 10<sup>th</sup> July – 15<sup>th</sup> Sept

Term 4, 2023 2<sup>nd</sup> October – 20<sup>th</sup> December



# From the Principal

Dear families and friends,

I hope you all enjoyed the recent school holidays. As you would all know, Gus Wettenhall will be spending Term 3 travelling around parts of Australia with his family. In his absence I am filling in as the acting principal.

It has been a great start to Term 3 with our staff and students transitioning back to school smoothly. Term 3 is traditionally teachers' favourite term as reports are out of the way, students are settled, and you can really sink your teeth into some great teaching and learning. Term 3 promises to be another busy term with a number of exciting events planned. Please make sure you read our newsletter to stay abreast of everything that is happening.

#### New Staff in Term 3



This week we have welcomed Glynn Campbell to our team at Red Hill CS. Glynn will be taking over from Molly Clark as she heads off on family leave. If you see Glynn around the school, please make him feel welcome!

Mariah Mold is also continuing with us in Term 3 and will be working in 2WS.

#### Celebrating Learning Partnership Conferences

In Week 6 of this term, we will be holding "Celebrating Learning Partnership" conferences. These conferences, previously known at RHCS as Student Led conferences, will provide an opportunity for your child to lead a discussion and showcase their progression and learning for the year so far. Your child will be spending time in class in the next few weeks preparing for the "Celebrating Learning Partnership" conferences and both staff and students are excited to share with parents about the incredible learning happening in our classrooms.

#### Why have a Student Led Conference?

- To place the spotlight on the student as a learner.
- To enhance students' thinking, communication and presentation skills.
- To encourage students' ownership for sharing their learning.
- To develop conversations about student learning.
- To celebrate what has been happening in the classroom.

#### The ins and outs of the Celebrating Learning Partnership Conferences.

- Celebrating Learning Partnership Conferences will take place on Wednesday, 16<sup>th</sup> August. (Regular classes will not operate on this day, as such students will not be attending school, except to attend their conference.)
- These conferences involve both the student, parents/guardians and the teacher.
- Students are required to attend the conferences as they have a component of the conference, they are responsible for leading.
- Conferences will run for 40 minutes. Families are requested to book a conference time for each student on that day through Compass. Booking information will be coming to you very soon. Conferences will be available for booking between 11am and 6:00pm.

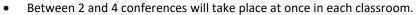
- These conferences are carefully prepared and rehearsed by the students.
- The first 30 minutes of each Student Led Conference involves the students, taking their parents/guardians around the classroom and explaining a range of learning tasks and work products they would like to share. This includes sharing a collection of work students have developed that reflects the learning they have been engaged in.

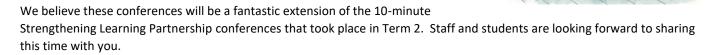
LADIES

AND

GENTLEME

• The final 10 minutes of each conference is allocated to a sit-down conversation between the student, parents/guardians and the teacher. During this conversation students will have a conversation about their learning in a variety of areas. They will identify learning goals that they have achieved and goals that they are continuing to work on. Students will use their Learning Journal as a tool to help facilitate this discussion. In younger year levels the teacher will be working collaboratively with the student, helping and scaffolding them. In the higher year levels the students will take most of the responsibility.





#### **NAPLAN 2023 Results**

Ahead of NAPLAN results for students being released from Monday 17 July 2023, I'm writing to inform you of some changes to this year's reporting. These are changes being introduced nationally by the Australian Curriculum Assessment and Reporting Authority (ACARA).

NAPLAN will continue to measure student achievement in numeracy, Reading, Writing, Spelling and Grammar & Punctuation but the results will now be presented in 4 proficiency levels. These are:

- Exceeding
- Strong
- Developing
- Needs additional support.

This change will give schools, parents and carers clearer information that details student achievement against new proficiency levels.

Students' NAPLAN reports will continue to show how they are tracking against their peers and provide an indication of their skill levels against national averages and where we would expect them to be in order to get the most out of schooling. This provides valuable information to teachers about how we can continue to support your child.

Each set of NAPLAN results is an important milestone but it's also important that students know that one result does not define them – these results are about making sure every student gets the support they need so they can continue to get the best from their learning.

When we provide families with results, they will also receive information about what the new proficiency levels mean. As always, parents are welcome to speak to me, or their child's teacher with any questions about these changes.

#### Planning for 2024

Finally, we are currently beginning work on planning for 2024. If you have a Prep student beginning next year but are yet to submit the enrolment forms, I ask that you do this as soon as possible. Alternatively, if you know that your child will be leaving at the end of 2023 to attend a different primary school, please notify the office.

Enjoy your weekend, stay warm and I look forward to another week of great learning next week!

Joanne Barnes

#### **Curriculum Content**

Every term our learners embark on a new journey of learning and discovery. In Term 3, our Learning Explorations are as follows:

#### Prep

Seasons are a cycle that affect living things

Grade 1

**People Share Culture In Many Ways** 

Grade 2

There are similarities and differences between cultures.

Grade 3

How has technology impacted the way people communicate?

Grade 4

Migration changed the course of Australian history

Grade 5

**How Do Global Communities Thrive?** 

#### Grade 6

# Throughout history the decisions of Australian governments have had consequences for First Nations People.

The students will apply lifelong learning skills and dispositions, to a variety of curriculum areas. This will include collaboration, inquiry skills, thinking and reasoning. Students will also reflect on and identify the next steps in their learning, as well as further developing their own self-management. Our students will continue to develop a deeper understanding through the above units of inquiry. I really look forward to seeing the growth in all of our learners over this next term.

In addition to all the wonderful work with The Resilience Project, we will also be embarking on learning about positive gender relations and remembering that 'anyone can and everyone belongs'. The curriculum content covered is mandated by the Victorian Government to foster respectful relationships between all people. More information about this will be communicated in both the newsletter and on Class Dojo. All content can be found at Resilience, Rights and Respectful Relationships - FUSE - Department of Education & Training

Just a reminder that you can access your child's report through your Compass account. Our mid-year report provides great insight in to how your child is progressing and what their learning at school encompasses.

Keep reading, keep learning and keep challenging your mind to learn new things! What will excite the neurons today?

Louise Kusel

Acting Assistant Principal

# Wellbeing Newsletter July 2023

In Term 1, our students from Grade 3 - 6 were involved with The Resilient Youth Survey as part of The Resilience Project. There were many areas to celebrate and we will be sharing this over the continuum of this term. Overall, our results compared with the Australian averages were very high. So many of these results align with our values of RESPECT, RESILIENCE, EMPATHY and RESPONSIBILITY. And we are so proud of all our children and their values.

As highlighted, our children feel they have love & support from their family, have a parent who encourages and listens to them, they get along with people who are different from them and can disagree with someone while still being friends. The data also showed that our students have very high overall life satisfaction and almost 70% of our learners report they have a great outlook for their future.

On the back of our partnership in Term 2 with Susan McLean, learning all about Cybersafety and keeping our children safe online, I did feel it was imperative to share some concerning results. There are 40% of our male children in Gr 6 (and to a lesser extent Gr 5) who are engaged with online activity between 10pm and 6am. This same cohort is also reporting that they are not getting 8 hours of sleep a night and answered that they have trouble concentrating. I think it is important to mention that this survey was prior to our Susan McLean incursion where she engaged and worked with the children from Grades 3 -6.

For more information from Susan McLean, please head to <a href="https://www.cybersafetysolutions.com.au/">https://www.cybersafetysolutions.com.au/</a> There are plenty of resources and recommendations to help support a healthy approach to being safe online. Over the next few weeks, we will be unpacking these results, both positive and areas of concern with the children.

# No-Go-Tell Create-A-Poster Activity



The wellbeing team would like to invite all our students to create a NO GO TELL A4 or A3 poster to be displayed in our school. These can be drawn, painted, created on computer or collaged- we can't wait to see some fantastic ideas.

**No**- Ask the person to stop what they are doing. Let them know you don't like it!

**Go-** If it continues, leave the person or place and go to a different place to play.

**Tell**-Tell a teacher or a trusted adult if the behaviour continues.

Please encourage your children to use and also practice these words and strategies in a safe environment, giving them a chance to feel more confident with this approach when in an uncomfortable or disrespectful space. If there is repeated teasing or disrespectful behaviour, please encourage your child to let a teacher know or contact their classroom teacher directly. Disrespectful actions and bullying behaviour has no place in our school and we all need to work together to educate our students and stop these incidents. The school has a bullying policy which can be found under the policies tab on our website.



#### THE RESILIENCE PROJECT

This week's presentation from The Resilience Project focuses on Gratitude.

Gratitude is paying attention to the things that we have right now, and not worrying about what we don't have. We practise this by noticing the positives that exist around us.

Research shows that practicing gratitude rewires our brains to overcome the negativity bias (which can lead to anxiety and depression) and see the world for what we are thankful for. It is also shown to broaden thinking and increase physical health through improved sleep and attitude to exercise.

#### View Part 2 of the series here:

#### Part 2 - Gratitude: https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-hugh/

There are many ways in which you can practise gratitude, including starting a gratitude journal. You can simply use a notebook to list three things that went well for you each day, or use a more comprehensive <u>Wellbeing Journal</u>, like those created by The Resilience Project.

Source: Psychology Today

For mental health resources and support information, visit The Resilience Project's Support Page.

Warmest wishes, Louise Kusel – Wellbeing Coordinator.







#### Online Resources and Support Agencies

Head to Health: https://headtohealth.gov.au Head to Health is a great starting point to find help, either for yourself or for a loved one. You will find online resources, lists of phone and email contacts for immediate support and a tool called Sam the Chatbot if you don't know where to begin.

## Youth Mental Health & Support

LIFELINE - lifeline.org.au or 13 11 14

KIDS HELP LINE - kidshelpline.com.au or 1800 55 1800

Youth beyondblue: www.youthbeyondblue.com

ReachOut: www.au.reachout.com

Headspace: headspace.org.au or (03) 9027 0100

Orygen Youth Health: www.oyh.org.au

Lifeline: 13 11 14

# Bullying

Bullying No Way!: www.bullyingnoway.gov.au

Alannah & Madeline Foundation: www.esmart.org.au

Kids Helpline: 1800 55 1800

Bravehearts: www.bravehearts.org.au

### **Body Image & Eating Disorders**

The Butterfly Foundation: www.thebutterflyfoundation.org.au

## **Depression & Anxiety**

Beyondblue: www.beyondblue.org.au

Black Dog Institute: www.blackdoginstitute.org.au Headspace: headspace.org.au or (03) 9027 0100 Brave online program: www.brave-online.com

# **Bus Safety Message**

Over the past few months there have been many well-publicised bus accidents. As a school where a significant percentage of students travel by bus, this serves as a reminder of the importance of bus safety.

We have had some reports from both drivers and students that some of our bus travellers are not showing the respect and care for their fellow students and drivers that we expect.

Can we please remind all our children of the importance of safe and respectful behaviour when travelling on the school bus.

#### Below are some key points to be adhered to when travelling on the buses.

- All students must treat Bus Drivers with respect and follow the directions of Bus Drivers.
  - Students must remain seated and wear seat belts at all times.
  - Students must treat other students with courtesy and consideration.
- Students must wait at the bus stop in an orderly fashion and only approach the bus once it has stopped.
- Students should never cross the road in front of the bus. They should wait until the bus has departed and it is safe to do so.
  - A parent or responsible adult must meet students at their bus stop.





https://acmf.com.au/national-songwriting-competition/



# **Student Achievement**



Year 6 student Jackson was selected for the Victorian state squash team. He will represent VIC at the Australian Teams Championships in Brisbane in September! We wish Jackson the best of luck!

