



WHAT'S ON Dates to Note

Tuesday 15th August
Prep Wildlife Incursion

Wednesday 16th August
Celebrating Learning
Partnerships 11am-6.30pm

Friday 18th August
Wear it Purple Day

**Monday 21st August –
Friday 25th August**
Book Week

Tuesday 22nd August
Book Week Parade

Friday 25th August
District Athletics

Friday 1st September
Floral Friday
Fathers Day Stall

Tuesday 5th September
Indigenous Literacy
Foundation
Free Dress Day

Wednesday 6th September
Indigenous Literacy Day –
Busking for change

Friday 15th September
Last Day Term 3 – 3.30pm
finish

School Council Dates

Tuesday 22nd August

Term Dates

Term 3, 2023
10th July – 15th Sept

Term 4, 2023
2nd October – 20th December



this issue

Principal's Report **P.1-2**

Wellbeing **P.2-3**

Dear Parents and Carers,

It has been another busy fortnight at Red Hill Consolidated School with lots happening both in and outside of classrooms. On Friday, 4th August, we came together as a school community to celebrate National Aboriginal and Torres Strait Islander Children's Day. We enjoyed performances by both the Grade 5 students and Red Hill Kinder and then spent time together

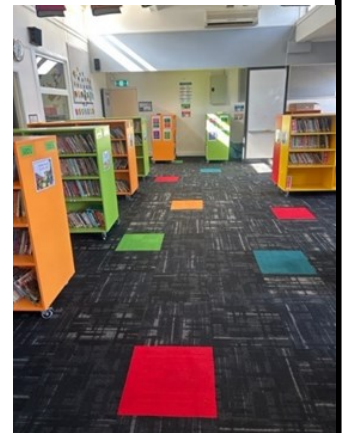
having a picnic snack. Thank you to Caitlin Sullivan for her work in organising this special event.



Our library has undergone a makeover, with new carpet being installed last week. We were able to utilise funds raised from the

Mother's Day stall earlier this year to complete this project and it has completely transformed the space into a bright, welcoming learning space.

Our Fundraising Committee are busy preparing for the upcoming Father's Day stall which will raise funds for



another project such as this. The stall also gives our learners the opportunity to purchase a beautiful gift for dad or a special person in their life. Payment for stall vouchers can be made via compass now.

We are very appreciative of the work of Kathryn Eagle and her team for organising these events.

This morning I met with a group of parents in the first of our parent forums. These forums are an important way to gather feedback from our parent community as we prepare for our school review. There was lots of discussion about the great things happening at RHCS, as well as sharing ideas to improve our school even further. We have another forum scheduled for next Tuesday, 15th August, at 6:00pm. If you are interested in attending and sharing your ideas and opinions please let me know.

Speaking of sharing your opinions, this week the 2023 Parent/Caregiver/Guardian Opinion Survey opened for responses. Last week you would have received an email inviting your family to participate and I strongly encourage our community to do so. It is great to be able to reflect on the opinions of a wide range of our parent and carer community. If you have any issues in accessing the survey, please get in touch.

Thanks in advance to all who take the time to participate!

Next Wednesday, 16th August, we are excited to be holding our Celebrating Learning Partnership conferences. These are a great opportunity for our learners to involve their families in the learning process as they share about the progress they have made throughout the year and discuss the next steps in their learning journey.

Bookings for the conferences can be made through Compass and we encourage all families to participate. On this day students only attend for their conference time and are at home with families for the rest of the day. For those working parents and carers, TheirCare will be offering a program for the day. If you are interested in utilising this service, please contact TheirCare on [1300 072 410](tel:1300072410).



TheirCare has exciting news to announce about the Australian Government changes to the Child Care Subsidy (CCS), for your Outside School Hours Care Service. From July 10th families who were previously not eligible to claim the CCS due to income limits, may now be eligible. In addition, most families who use or wish to use the OSHC Service provided by TheirCare, will save money. An information brochure can be found later in this newsletter.

A final note we are starting to plan our class structures for 2024. It would be much appreciated if families could complete the Intentions for 2024 course confirmation on Compass to help us plan more accurately.

Enjoy your weekend, stay warm and I look forward to another week of great learning next week!

Joanne Barnes

Wellbeing

HOW CAN I GET MY CHILD TO SCHOOL?

It's a feeling every parent knows all too well—the frantic rush to get out the door. Ensuring everyone has their lunches, teeth brushed, and the right coat is enough to drive any parent crazy!

The occasional late arrival is inevitable. Things happen to all of us. Coffee spills, and shoes get lost. Conversations need to happen. There are a million things that can cause people to run behind. Our daily routines should include time to account for mishaps to minimise lateness.

It may seem like 10 minutes isn't that much, but for the typical school day of 6.5 hours, a student who is only 10 minutes late every day will miss **30 hours** that year. If a child is 10 minutes late getting to school, it is more like 20 minutes until they are learning. The impact on the class is even larger. If two kids are late, one by 5 minutes and one by 10 minutes, the class routine might get pushed back. That means the teacher must alter something else during the day to account for the time the class lost, helping a late student catch up.

Addressing attendance issues promptly and setting up good attendance patterns can lead to future success and can help students feel more engaged and connected at school.

Did you know?

- Patterns of late arrival at school or missing classes are early warning signs of disengagement from school
- Missing one day of school each week adds up to 2 months missed over a year
- Each day of absence has an impact on skill development and social connections
- Poor attendance may be associated with future unemployment, criminal activity, substance abuse, and poorer health and life expectancy

If you are finding that your child is late one or more times per week, though, you may need to change your routine to ensure a successful start to your day.

Here are a few suggestions that may help.....



1) Pack backpacks/lunchboxes the night before. The last thing you want to be doing as you are rushing out the door is trying to find lost homework. Ensure everyone's backpacks are ready to go and prepare home lunches as much as possible. Also, fill their water bottles ahead of time and store them in the refrigerator.



2) Lay clothes out. It seems too simple to make a difference, but hunting down matching socks or pants without holes in the knees is quite the time consumer. Not only that, but you won't have to worry that you didn't notice your child was wearing shorts in negative-degree weather until after you arrived at school.

3) Set up a "last stop" area. Pick any available spot near the door you typically leave through and put everything there for the day: backpacks, phones, homework, and especially coats and shoes. There are no last-minute distractions this way.

4) Play a family favourite music list. Music can get people moving and can even turn a mood around. Pick upbeat songs that everyone enjoys. Play the same set each day so everyone starts recognising the cues and where they should be. For example, when the second song ends, breakfast is over. The third song ending means teeth should be brushed, and when the last song starts, they should be heading to get their coats and backpacks on.



5) If all else fails, wake up earlier. Not the most enjoyable solution, but sometimes drastic measures are needed.

Allergic and Anaphylactic Reactions

Allergic reactions are common in children. They happen when the immune system reacts to something in the environment that is normally harmless, such as food proteins, pollens or dust mites. Allergic reactions can be triggered by an allergen (the substance the person is allergic to) coming into contact with the skin, eyes, nose, lungs, stomach or bowel.

The most common causes of food allergy in children are egg, peanut, tree nuts, cow's milk, soy, wheat, fish, shellfish and sesame. Other causes are food colours, bee stings or other insect bites (e.g. wasp or jumping jack ants), some medications (e.g. antibiotics or anaesthetics) and latex (rubber).

Many allergic reactions are mild, but some can be extremely severe. Anaphylaxis is the most severe form of an allergic reaction and is life threatening. It is estimated that one in every 100 school-age children have anaphylaxis. With planning and training, anaphylaxis can be treated effectively.

Please be mindful that we do have children in the school with severe and life-threatening anaphylaxis responses to allergens and this is the reason that we ask children to never share food. If you can remind your child of this and the reason why, it would be appreciated.

If you would like to watch child-friendly Youtube clips- please have a look at https://www.youtube.com/results?search_query=allergy+adventures+lesson

All our staff have been trained in anaphylaxis response. The Red Hill Consolidated School Anaphylaxis Policy can be located on our website under our policy section.

Thank you for your co-operation with keeping our children safe.





No Way to Bullying!

National Day of Action Against Bullying and Violence &

Everyone is Welcome Day.

On **Friday 18th August**, our school will be joining the rest of Australia to stand against Bullying and Violence. Although we acknowledge this day, we also promote a culture of kindness throughout the school year with our school values, behaviour expectations, The Resilience Project program and our Respectful Relationship education. We work to educate all our students to promote respect amongst our school community.

Teachers will be working with the education material found on www.bullyingnoway.gov.au This website also contains information for students, parents and caregivers. For more information please visit the following websites.

Bullying

Bullying No Way!: www.bullyingnoway.gov.au

Alannah & Madeline Foundation: www.esmart.org.au

Kids Helpline: 1800 55 1800

Bravehearts: www.bravehearts.org.au

We also would like to acknowledge that Everyone is Welcome at our inclusive school and invite all children to wear a **splash of purple on Friday 18th**.

Kindest regards,

Louise Kusel – Wellbeing Coordinator.



SCIENCE WEEK 2023

From the 12th - 20th August we will be celebrating Science Week 2023!

Students in grades 3 - 6 will be invited to participate in lunch time trivia in the science room, at 1pm Monday 14th and Tuesday 15th. I can't wait! This is your chance to show off, improve and enjoy your knowledge.

This year's topic will be 'Innovation Powering Future Industries'. But don't worry, if you don't feel overly confident in this topic as we'll be learning about it in our science lessons.

Looking forward to seeing you there! If you want more information please feel free to find me at school.

Coey Dowsett. Science Captain



RAP NEWS

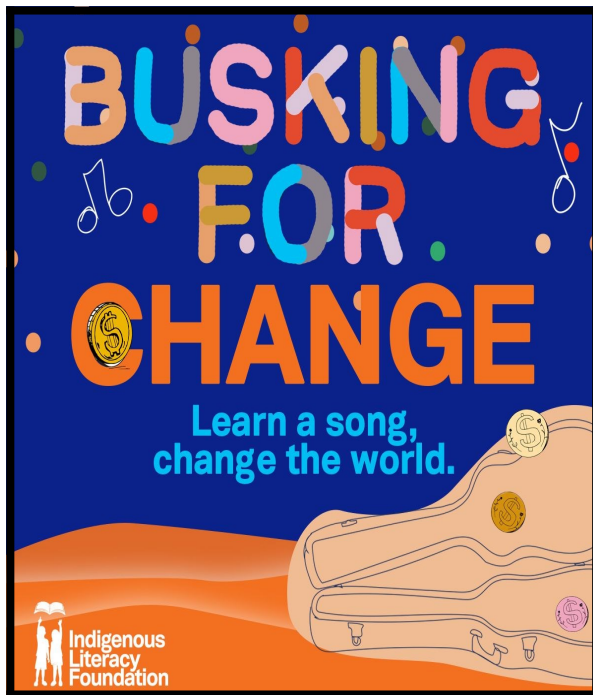
NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER CHILDREN'S DAY

Thank you to all of our community for joining us on Friday to celebrate National Aboriginal and Torres Strait Islander Children's Day. We are very lucky to have our KESO Eric Clarke join us for the morning and we are so grateful for his support. The weather was kind and we were able to hold the beginning of our celebration outside and raise the flags. Yilla, Onyx and Coco from Red Hill Memorial Preschool together with Coey raised the flags with much pride.

We then headed to the gym where our grade 5 students sang and were joined by Red Hill Memorial students before enjoying a picnic together. It was great to see so many students embracing Floral Friday too. 🌸



NEXT RAP MEETING:
Tuesday 29th August 7PM online.
Email Caitlin.Sullivan@education.vic.gov.au if you would like to join us. Everyone is welcome. 😊



WEDNESDAY 6TH SEPTEMBER is Indigenous Literacy Day and we will be participating in the Indigenous Literacy Foundations Busking for Change!

Our school supports the work of the Indigenous Literacy Foundation (ILF) and their work supporting remote communities to improve literacy outcomes. One of the many ways ILF does this is by supporting communities to write, illustrate and publish books in languages they speak at home.

Last year we supported the ILF through a book swap and this year primary schools have the opportunity to participate in Busking for Change!

By participating in Busking for Change we are not only giving our students a positive learning experience, but we are growing their awareness of the richness and diversity of First Languages and that we can all be changemakers.

*How will it work? Our whole school is learning the same song to sing at the same time! We will be performing Words make the world go around on **Wednesday 6th September in the afternoon** and we would love for our community to join us for this performance. Details of time and place will be published closer to the date.*

Further details and links to the music and lyrics can be found on Class Dojo.

To support the work of the ILF and instead of actually busking, donations can be made through the following link:
<https://buskingforchange.ilf.org.au/red-hill-consolidated-school>

Thank you for your support!

FREE DRESS DAY: Tuesday 5th September Gold coin donation to ILF



RED HILL CONSOLIDATED SCHOOL

KIDS Art Show

A CELEBRATION OF STUDENT ARTWORK



WEDNESDAY AUGUST 16TH

11AM - 5.30PM

IN THE **ART ROOM**

COME TAKE A PEEK BEFORE OR AFTER YOUR
CELEBRATING STUDENT LEARNING
PARTNERSHIP CONFERENCE

Child Care Subsidy Fact Sheet



More families can now access cheaper child care with TheirCare!

- ▶ Families who were previously not eligible for CCS may now be eligible.
- ▶ A higher rate of CCS is available for most families that do access CCS.

From 10 July 2023, the Australian Government is changing the Child Care Subsidy (CCS).

What you need to know:

- The family income limit to be eligible for CCS is increasing from \$356,756 to \$530,000 per annum.
- The maximum amount of CCS is increasing from 85% to 90% for families earning \$80,000 or less.
- Families earning between \$80,000 and \$530,000 will receive an increased CCS rate.
- Aboriginal and/or Torres Strait Islander children can get at least 36 subsidised hours of early childhood education and care per fortnight, regardless of their family's activity level.

What you need to do:

- **Not currently registered for CCS?** If your family earns below \$530,000, you may be entitled to CCS from 10 July. You should check your eligibility now. Create a Centrelink online account through myGov or the Express Plus Centrelink mobile app.
- **Already get CCS?** You don't need to do anything to get the new rates. Services Australia will apply CCS changes automatically for you from 10 July.
- **Do you have an Aboriginal and/or Torres Strait Islander child?** You can access at least 36 hours of subsidised care per fortnight, by contacting Services Australia on 136 150 to update your child's CCS details. It is voluntary for you to tell Services Australia this.
- **Need extra support with child care fees?** If you are eligible for CCS and meet certain criteria you may also be eligible for Additional Child Care Subsidy

Learn more

www.theircare.com.au/ccs/

Have a question?

Please call TheirCare's Customer Support Team on 1300 072 410



MISSION AUSTRALIA

FREE Support for Parents

Government funded



Supports we offer

Assistance with Locating Courses, Work experience, or Employment



Financial Assistance for Childcare, Education and Employment Expenses



Connecting with other local services including family violence support, counselling and other external supports



Who are we?

Mission Australia is a not for profit organisation that believes a person's circumstances shouldn't define their future and that given the right support, everyone can reach their full potential.

Eligibility

- Be receiving a Parenting Payment
- Have a youngest child under the age of 6



Contact

Contact: Jen Pearson
Phone: 0477 097 879
Email: PNx@missionaustralia.com.au



ALL OF IT WAS MADE BY KAESSEY.

MISSION AUSTRALIA



MISSION AUSTRALIA
Communities for Children

Funded by the Australian Government's Department of Social Services

Please scan the QR code to like and follow the Communities for Children Greater Dandenong Facebook page.



www.facebook.com/MissionAustraliaCFCDandenong



NNA WINTER CUP FOR AGES 10/U

TEAMS:

MIIXED TEAMS MADE UP OF PLAYERS FROM LOCAL SCHOOLS

GAME SCHEDULE:

- 5TH AUGUST 9:00 - 10:30AM
- CUP DATES: 9:00 - 10:30AM
- COME AND PLAY
- EVERY SATURDAY
- CUP REGISTRATION
- 12TH AUG- 9TH SEP

ADMISSION:

- FREE FOR CURRENT NETBALL VICTORIA MEMBERS

LOCATION:

NEPEAN NETBALL ASSOCIATION
TRUEMANS ROAD RECREATION RESERVE,
TRUEMANS ROAD, TOOTGAROOK

FOR MORE INFO, GO TO
[HTTPS://WWW.FACEBOOK.COM/NEPEANNETBALLASSOCIATION](https://www.facebook.com/NEPEANNETBALLASSOCIATION)

GIRLS 5-A-SIDE SOCCER

B MATILDAS WANTED

- ⚡ No Experience Needed
- ⚡ Weekly Casual Game
- ⚡ No Boots Needed
- ⚡ Girls Aged 6-16ys
- ⚡ and it's free!



WesternPortFC
0493 593 665

WESTERN PORT FC

All abilities are welcome in our safe and supportive environment. Be apart of a new community of passionate female soccer players. Spread the word and invite your friends, family, and teammates to join us! No boots or gear required. Register your interest today and get ready to kick it with the Wolves!

REGISTER NOW

WesternPortFC.com.au/Play