



WHAT'S ON Dates to Note

Thursday 14th September

Footy Day
9am Parade at the gym.
Wear your team colours.
Order a Footy Lunch!

Friday 15th September

Last Day Term 3 –
3.30pm finish

Monday 2nd October – Wednesday 4th October

Year 6 Waratah Beach Camp

Friday 4th October

Divisional Athletics

Monday 6th November

CURRICULUM DAY

Tuesday 7th November

MELBOURNE CUP DAY

Thursdays from the 12th October- 30th November

Year 6 Circus

Wednesday 18th October- Friday 20th October

Year 5 Sovereign Hill Camp

Monday 11th December- Tuesday 12th December

Year 3 Golden Valley Camp

Term Dates

Term 3, 2023
10th July – 15th Sept

Term 4, 2023
2nd October – 20th December



Principal's Report **P.1**

Wellbeing **P.2**

Dear families and friends,

Winter is now behind us and we have enjoyed a little bit of Spring's sunshine up at Red Hill this week. Firstly, I hope all of the Dads and Special Person's in our student's lives were spoilt and had a wonderful Father's Day on Sunday. We know the significance of positive male relationships and role models for children and Father's Day is a great opportunity to show our appreciation to our wonderful dads, stepdads, grandfathers and all of the other important father figures in our school community. I would like to thank Kathryn Eagle and her team of amazing mums, who organised and ran our Father's Day stall last Friday. A lot of time and effort goes in to sourcing gifts and running the stall, which of course also raises money for our school.

As if it wasn't busy enough on Friday with the Father's Day stall, we also had a perplexing plover problem. A pair of plovers have taken up residence on the roof of the stadium and last week their eggs hatched, causing them to become extremely territorial. They have settled down now and are no longer swooping anyone who ventures near the stadium, and we are looking forward to our rescheduled assembly this Friday. Thank you to everyone for being so understanding of our decision to postpone last week's assembly!



This week we have celebrated Indigenous Literacy Day by taking part in 'Busking for Change'. Our school choir performed at the Red Hill Memorial Kindergarten on Wednesday morning and then families and community members joined us at RHCS in the afternoon to see the whole school perform Words Make the World go Around. The money raised through this day supports the work of the Indigenous Literacy Foundation (ILF) and their work supporting remote communities to improve literacy outcomes. One of the many ways the ILF does this is by supporting communities to write, illustrate and publish books in languages they speak at home. By participating in 'Busking for Change' we are not only giving our students a positive learning experience, but we are growing their awareness of the richness and diversity of First Languages and that we can all be changemakers! We thank Caitlin Sullivan and Meredith Hyams for their work in organising this event.

Next week is the final week of another exciting term at Red Hill Consolidated School. I am very excited to don my Bombers colours for our Footy Day next Thursday. This is always a fun day as we celebrate footy of all codes, including AFL, NRL and soccer.

As you know we are starting to make plans for next year. At the end of next week you will receive information about Education Items to Own and the different contributions that we are requesting. This year we are partnering with a local supplier, Rosebud Office Choice, for the supply of book packs and are excited to be able to support a locally owned family business. Please keep an eye on Compass next week for more information.

Don't forget that the final day of school for our students is Friday the 15th of September. Students will be dismissed at our regular finishing time of 3:30pm and our bus schedule will remain unchanged.

Please have a wonderful break and enjoy the time with your families. We look forward to welcoming Gus Wettenhall back to begin Term 4. Thank you to all for an amazing term!

Kind regards,
Joanne Barnes

Spring Wellbeing Newsletter

Hello RHCS school community- so pleased that Spring has arrived with its warmer weather, longer days and new growth!



Part 4: Mindfulness

Mindfulness is our ability to be present at any given moment. We practise this by using intentional awareness and concentrating on what you are doing when you are doing it.

Thousands of studies into Mindfulness indicate that with regular practise, Mindfulness can lead to benefits such as reduced stress, reduced rumination, increased memory, increased cognitive function and physical health benefits through improved immunity.

Part 4 - Mindfulness: <https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-hugh/>

Mindfulness can be practised through meditation, yoga, flow-states and daily activities such as cooking.

Source: [UC Berkeley](#), [Greater Good Science](#), [American Psychological Association](#) For mental health resources and support information, visit [The Resilience Project's Support_Page](#).



These Spring holidays, have a look at the [Mornington Peninsula Website](#) for activities and ideas to keep your children entertained!

<https://ourlibrary.mornpen.vic.gov.au/Kids-Teen/Spring-School-Holiday-Program-2023>

Goodbye for now

It is with mixed emotions, that I let you all know as of the beginning of Term 4 2023, I will be taking a position outside of our school, with a view to return to education in early 2025. While I am excited about the new opportunity, it is with fond memories that I leave our beautiful and supportive community and especially our wonderful children. I am very pleased to say that Kim Clarkson (kim.mcperson@education.vic.gov.au) is stepping into the Wellbeing Coordinator role for the duration of the year and will be absolutely wonderful in this space. I sincerely wish everyone the very best for the remainder of this year and into next year.

I hope you all have a great Spring break and spend lots of time with those closest to you! Take care everyone!

Kindest regards, Louise Kusel – Acting Assistant Principal & Wellbeing Coordinator.



Kids Helpline: 1800 55 1800

Parentline: 1300 30 1300





Mornington Peninsula Regional Gallery (MPRG) will host the prestigious and popular *Archibald Prize 2023* with an extraordinary display of 57 portraits, featuring public figures and cultural identities from all walks of life, reflecting the stories of our times. As the first stop on the *Archibald Prize 2023* regional tour and the only Victorian venue, the Mornington Peninsula Regional Gallery will host the renowned portrait prize from 15 September to 5 November 2023.

As part of this touring exhibition, the MPRG is running an exhibition of local student artworks, called the **Young Archie**. A handful of students from each school on the Mornington Peninsula were able to enter the competition, in the hope that their portrait would be chosen to go on display alongside the Archibald Prize 2023 Mornington Peninsula exhibition. We had some very talented Red Hill Consolidated School artists enter portraits of people who are special to them, and were fortunate to have one of our student's artwork chosen as a finalist. **Nina (3PH)** will have her beautiful portrait of her mum displayed at the gallery for all to admire! A huge congratulations to Nina and all the entrants from Red Hill Consolidated School.

A visit to the Archibald Prize 2023 exhibition is a great school holiday outing, so please look out for Nina's artwork if you go! I will share details of the Young Archie exhibition on Dojo when I know more details.



Next term we will be exploring textiles in visual arts. Our material cupboard is looking very drab and depleted, and with fabric very costly to purchase, we would really appreciate any donations we can muster. If you have any good quality materials, felt, threads or wool at home (or know someone else who does) that you are happy to donate to us, please drop them to the art room this term or next.

Many thanks in advance.
Betha Fregon – Visual Arts teacher

Wonderful work in Prep!

The Preps have been learning all about boundaries. They have been practising different ways to greet one another in a respectful manner and have loved learning the "Boundary song". The preps have come up with their own definition of what a boundary is:

- "People say please stop because they don't like what you're doing."
- "You have to listen to people's boundaries because people might not like the same thing as you."

Here are some pictures of some of our PM students practising different ways we can greet each other.

The song lyrics are:

- Please stop, I don't like that.
- I'm feeling uncomfortable I need more space.
- Not around me, don't take it personally.
- It's just a boundary, just a boundary.



PHILLIP DISTRICT ATHLETICS RESULTS

There were some amazing athletes competing on Friday at our district's athletics day. Each school had its strongest competitors primed for their event.

Each RHCS team member pushed themselves very hard as the level of competition was magnified. Trying to watch as many events as possible during the day, I was extremely proud of every participant from RHCS.

RESULTS

100 METRE	NINO – 1 ST – 12/13 BOYS HUDSON – 2 ND – 11 BOYS	SHOT PUT	ALLEGRA – 1 ST – 12/13 GIRLS FLORENCE – 3 RD – 9/10 GIRLS NIAMH – 3 RD – 11 GIRLS
200 METRE	SEBASTION – 1 ST – 11 BOYS NAYTE – 2 ND – 12/13 BOYS	HIGH JUMP	LILAH – 1 ST – 9/10 GIRLS HUDSON – 2 ND – 11 BOYS ZOE – 2 ND – 12/13 GIRLS NAYTE – 1 ST – 12/13 BOYS PADDY – 3 RD – 11 BOYS
HURDLES	NINO – 1 ST – 12/13 BOYS GEORGE – 3 RD – 9/10 BOYS	LONG JUMP	LILAH – 1 ST – 9/10 GIRLS JAXON – 2 ND – 11 BOYS
800 METRE	FLETCHER – 1 ST 11 BOYS	TRIPLE JUMP	SIENNA – 2 ND – 9/10 GIRLS
1500 METRE	HARRY – 1 ST – 9/10 BOYS FLETCHER – 1 ST – 11 BOYS CHARLIE – 3 RD 12/13 BOYS		9/10 GIRLS – 2 ND – (SIENNA, KITTY, EMBER, MAJA) 9/10 BOYS – EQUAL 2 ND (PADDY, ELI, GEORGE, HARRY) 11 BOYS – 1 ST (HUDSON, SEBASTION, JOSHUA, JAXON) 12/13 BOYS – 1 ST (NINO, NAYTE, HUGO, FEHIN) 12/13 – GIRLS – 3 RD (CLEO, HOLLIE, WILLOW, ALBA)



FOOTY DAY

Thursday 14th of September, the school is hosting its annual Footy Day. All students are encouraged to dress up in their favourite teams colours and merchandise.

Schedule for the day :-

9:00 am - 10:00 am - Parade in the gym.

10:00 am -10:40 am - Year Prep - Year 2 footy drills on the oval.

10:00 am - Year 6 AFLW (girls only) talk by RHFC

11:10 am - 12:00 pm - Year 3 and 4 footy drills on the oval.

12:00 pm - 12:45 pm - Year 5 and 6 footy drills on the oval .

Some prizes and guests have been organised from the local football club.

A Footy Day lunch has been offered to students through the school canteen by ordering, on the App

Dillon Milenkovic





Red Hill Consolidated School Booklist

Order your booklist with Rosebud Office Choice by following the simple steps below

- Ordering Portal opens on Monday 18th September 2023
- Portal strictly closes Monday 30th October 2023 – orders cannot be placed after this date.
- We recommend use a PC or laptop for full functionality (not tablet or phone)
- Go to rosebud.officechoice.com.au
- Click on the booklists tab (white writing above grey bar)
- Enter School Code **RHCS2024**
- At the Welcome Page, choose the first Students Level from the Drop Down arrow
- The Year Level Backpack price will be displayed with a list of the contents (Bookpacks sold as a unit – contents not sold separately)
- Complete all fields marked with an Asterix (*)
- If you have multiple students attending at this point press "Add another Booklist" and add additional Student(s), or, "Proceed to Payment" when all Students orders placed.
- Secure online payment by card will complete your order – do not complete order if you have not included all students or additional delivery charge will be applied (non-refundable).
- Orders can be modified before payment, but once placed cannot be altered.

Delivery of all backpack orders will commence first week in December and be completed before School Closes in 2023.

If you experience any problems or need assistance, please don't hesitate to contact us on 5981 2733 during business hours.



Consider it sorted.

Rosebud Office Choice

- rosebudstationery.com.au
- sales@rosebudstationery.com.au
- 5981 2733
- 32 Wannaeue Pl, Rosebud VIC 3939



Little Athletics season is fast approaching. If your little ones were inspired by the Matildas or the World Athletics and love to run, jump and throw. We would like to invite you to come and join us on Friday nights from 5:15pm for warm up as a whole of centre and usually concluding around 6:30-7pm. Athletics is a family friendly environment where all abilities are welcome and encouraged. We focus on being your best and forgetting the rest. We will be starting the 6th October 2023.

For previous members please [Register Online - Little Athletics Victoria \(lavic.com.au\)](https://lavic.com.au). For our newcomers we do offer two trial sessions and these can be accessed by going to [Trial Athlete Offer - Little Athletics Victoria \(lavic.com.au\)](https://lavic.com.au). Should you have any questions, please don't hesitate to contact our friendly registrar at Renay Stephens splaceregistrar@hotmail.com or 0448092331

An interview with Tenpin bowling Gold Medalist, Rhiannon Petris

By Priya & Scarlett—Yr. 5



Making the state team at age 17

WHAT IS YOUR FULL NAME?

Rhiannon Petris

HOW DID YOU MAKE IT HAPPEN?

I started bowling when I was 9 years old. I went with my friend and on the bottom of the score sheet it said join a league today. So, I did. Then I bowled every week until I was 17. I tried out for the Vic team at 17. Now I bowl most years for a state team.

WHO WOULD YOU THANK?

Mum and Dad because they paid lots of money for me to play. Also, all of my coaches. Also, I would like to thank my team mates.

WHY IS THIS SIGNIFICANT TO YOU?

Because I love, love, love it. I enjoy bowling. I love the socialisation, also setting myself a goal and a challenge.

WHO WAS THERE FOR YOU?

My family, lots of change of friends but there were always friends that stayed even outside of bowling.

WHAT CHALLENGES DID YOU HAVE TO FACE?

I hurt my knees so I had to have time off as well as retraining and practicing again. Also, if it didn't go quite right that was a bit annoying. But the mistakes did help me.

WHAT PERSONAL STRENGTHS DID YOU SHOW?

Focus: I needed to practice. Concentration: With having to just zone everything out. Consistency: having to use the same bowling strategy every time.

WHAT DID IT TEACH YOU?

Patience. How to be a good team mate. And probably most of all how to be a good sport.

WHAT DID YOU ACTUALLY ACHIEVE?

In this tournament I achieved 2 gold medals and a place in the team of the year. Also, out of 57 ladies I came in 2nd.



2023 Winning Ladies Team

**We would like to say
Congratulations to Rhiannon
and hope that her bowling
journey goes so, so, much
further!**



*Some trophies from the early years
1998*